FISCAL 2024 Community Health & Well-Being Impact Report

TRINITY HEALTH OAKLAND



Caring for Our Communities: Oakland County

Community Health & Well-Being Mission

Community Health & Well-Being (CHWB) promotes optimal health for people experiencing poverty and other vulnerabilities in our communities – emphasizing the necessity to integrate social and clinical care. Our approach addresses social necessities and actively combats systemic racism, leading us forward to diminish health inequities.

Strengthen Community Benefit Impact Address Patient Social Needs

STRENGTHEN COMMUNITY BENEFIT IMPACT



Invest in

Our

Communities

Community Health Needs Assessment and Implementation Strategy

A Community Health Needs Assessment (CHNA) uses quantitative and qualitative data, inclusive of community input, to identify and understand assets, needs, and the relative health and social well-being of a community. From the CHNA, an Implementation Strategy is created which translates the significant health needs that were identified in the CHNA process into an action plan. Over a three-year period, the plan will be continuously reviewed and evaluated. Trinity Health Oakland found these four needs to be the most significant in the 2024 CHNA:

> **Behavioral Health** (mental health and substance abuse)

Access to Care (resource navigation, specialty providers)

Food Security (diabetes, obesity)

Housing (community safety)

For a more in-depth explanation of the CHNA and Implementation Strategy, click here to check out the Trinity Heath Oakland CHNA report or visit TrinityHealthMichigan.org/CHWB.

ADDRESS PATIENT SOCIAL NEEDS



Community Interventions

Community interventions are hospital-based services, programs, and activities that promote health and healing as a response to identified community needs. They increase access to health care addressing social influencers of health, improve access to health care services, and reduce health disparities within our service areas. Some examples of our community interventions are:



Community Health Workers (CHW) Program: CHWs serve as a link between health/social services and the community. Their work facilitates access to services that improve the overall health and wellness of the communities they serve. The CHW program supported more than 1,000 referrals from Oakland County in FY24.



Diabetes Prevention Program (DPP): DPP was created for adults who are ready to make lifestyle changes to prevent or delay the onset of type 2 diabetes. It is a yearlong program that has reached more than 50 individuals throughout Oakland County.



Senior Fit: A program designed to increase the vigor, strength, and balance of the senior community (ages 55+) which reduces the risk of falling and provides a framework for a healthy lifestyle. In FY24, Senior Fit served more than 100 people.

The Farm at Trinity Health:



The Farm is a food is medicine program, which connects thousands of people annually to the healing power of cultivating and eating nutritious, local food. Learn more in *The Farm's Annual Report.*



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INVEST IN OUR COMMUNITIES



Grants, Charitable Contributions, and In-Kind Support

In our continuous commitment to building a healthier community, Trinity Health Oakland has awarded grants to numerous vital programs targeting the well-being of our residents. These funds were directed toward community-based initiatives that address a broad spectrum of needs related to the prioritized CHNA needs. Listed below are several organizations that Trinity Health Oakland invested in during FY24 totaling over \$500,000:

- Art Experience
- Care House of Oakland County
- Centro Multicultural La Familia
- City of Pontiac
- Freedom Road Transportation
- Friends of Clinton River Trail
- Greater Pontiac Community Coalition
- Healthy Oakland Partnership
- HOPE Recuperative Center
- Oakland Literacy Council
- Oakland Livingston Human Service Agency
- Police Athletic League
- Sanctum House
- Transforming Communities Grant

Coalitions

At Trinity Health Oakland, coalition work stands as a testament to the organization's unwavering commitment to policy, systems, and environmental change. Recognizing that sustainable health improvements require collaborative efforts, we build and nurture partnerships with many stakeholders, from local community-based organizations to other health care entities. Trinity Health Oakland co-founded and funds the following coalitions:

- Healthy Pontiac, We Canl: The Oakland County Health Department in collaboration with Trinity Health Oakland and a diverse group of Pontiac health care professionals formed HPWC! in 2011 to help residents gain access to healthy food, physical activity opportunities, and tobaccofree living. HPWC! has grown into a dedicated coalition of educators, human service agency specialists, faith-based representatives, government leaders, health care experts, and residents. HPWC! continues to collaborate around planning, promotion, and funding opportunities to improve health outcomes throughout the city that make Pontiac a healthier place to live, work, and play.
- Transforming Communities Initiative: A hospitalcommunity partnership bringing together Trinity Health Oakland, Oakland Livingston Human Service Agency and residents through an innovative funding and technical assistance initiative advancing health and racial equity.

The initiative engages a multisector collaborative to develop and implement evidence-based strategies that advance health and racial equity by addressing the root cause of housing, community safety and poor health outcomes in the city of Pontiac through an inclusive community-driven approach.

• **Oakland County Community Health Workers:** A diverse network of Community Health Workers, CHW supervisors, and health and social service representatives interested in supporting CHWs to address the social needs of our community members. The coalition advocates for and promotes the growth, visibility, and sustainability of local CHWs and social service organizations.



Community Resource Directory

Find and connect with free and reduced-cost health resources and social services in your area or anywhere in the U.S.

Click here to view the communityresources. trinity-health.org



Your Community Health & Well-Being Program Lead

David Bowman, MPA Director of Community Health & Well-Being, Trinity Health Oakland David.Bowman001@trinity-health.org

Click here for the *Trinity Heath Oakland CHNA report* or visit *trinityhealthmichigan.org/about-us/communityhealth-and-well-being*

