

# Community Health & Well-Being Impact Report

TRINITY HEALTH LIVINGSTON



## Caring for Our Communities: Brighton, Howell and Livingston County

### Community Health & Well-Being Mission

Community Health & Well-Being (CHWB) promotes optimal health for people experiencing poverty and other vulnerabilities in our communities – emphasizing the necessity to integrate social and clinical care. Our approach addresses social necessities and actively combats systemic racism, leading us forward to diminish health inequities.

Strengthen  
Community  
Benefit Impact

Address  
Patient  
Social Needs

Invest in  
Our  
Communities

### STRENGTHEN COMMUNITY BENEFIT IMPACT



### Community Health Needs Assessment and Implementation Strategy

A Community Health Needs Assessment (CHNA) uses quantitative and qualitative data, inclusive of community input to identify and understand assets, needs, and the relative health and social well-being of a community. From the CHNA, an Implementation Strategy is created which translates the significant health needs that were identified in the CHNA process into an action plan. Over the three-year period the plan will be continuously reviewed and evaluated. Trinity Health Livingston found these four needs to be the most significant in the 2022-2024 CHNA:

**Access to Care**

**Behavioral Health**

(Mental Health and Substance Use Disorder)

**Food Security / Access**

**Transportation**

For a more in-depth explanation of the CHNA and Implementation Strategy, click here to check out the **Trinity Health Livingston CHNA report** or visit [TrinityHealthMichigan.org/CHWB](http://TrinityHealthMichigan.org/CHWB).

## ADDRESS PATIENT SOCIAL NEEDS



### Community Interventions

Community interventions are hospital-based services, programs, and activities that promote health and healing as a response to identified community needs. They increase access to health care addressing social influencers of health, improve access to health care services, and reduce health disparities within our service areas. Some examples of our community interventions are:



**Community Health Workers (CHW):** CHWs serve as a link between health/social services and the community. Their work facilitates access to services that improve the overall health and wellness of the communities they serve. Between Ann Arbor and Livingston, the CHW program supported more than 277 patients in FY24.



**Faith Community Partnerships:** The Faith Community Partnership Program partners with faith communities active in health ministry, along with registered nurses, lay leaders, faith leaders and congregants to integrate faith and health into their communities.



**Senior Fit:** A program designed to increase the vigor, strength, and balance of the senior community (ages 55+) which reduces the risk of falling and provides a framework for a healthy lifestyle. In FY24, Senior Fit served 86 seniors.

*“Senior Fit has been very helpful to me. I have osteoarthritis and the exercises are good for my bones and muscles and help me to stay mobile. I am 98 years old and my doctor encourages me to continue to exercise because of how it helps me. I can still do housework and gardening because of Senior Fit. So, I would recommend this class to any senior who wants to stay strong and fit.”*

– Senior Fit Participant

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## INVEST IN OUR COMMUNITIES



### Grants, Charitable Contributions, and In-Kind Support

In our continuous commitment to building a healthier community, Trinity Health Livingston awards grants and charitable contributions to numerous vital programs targeting the well-being of our residents. Listed below are several organizations that were invested in during FY24 totaling over \$350,000

- **Crossroads Church of God**
- **Gleaners Community Food Bank**
- **LACASA**
- **Livingston County Community Alliance: Drug Free Communities**
- **Livingston County Health Department: Prescription for Health**
- **Livingston Diversity Council**
- **Livingston Essential Transportation Service (LETS)**
- **Washtenaw-Livingston Community Health Worker Coalition**

### Coalitions

Recognizing that sustainable health improvements require collaborative efforts, we build and nurture partnerships with many stakeholders, from local community-based organizations to other health care entities.

- **Human Services Collaborative Body (HSCB):** The HSCB comprises 26 appointed members from public and non-profit organizations, business, and interested residents of the community that work together to coordinate health and human services across systems. The HSCB works through established committees and workgroups which have specific goals and objectives to complete.
- **Washtenaw-Livingston Community Health Worker Coalition:** A diverse network of Community Health Workers, CHW supervisors, and health and social service representatives from the counties interested in supporting CHWs to address the social needs of our community members. The coalition advocates for and promotes the growth, visibility, and sustainability of local CHWs and social service organizations.



### Community Resource Directory

Find and connect with free and reduced-cost health resources and social services in your area or anywhere in the U.S.

Click here to view the [communityresources.trinity-health.org](https://communityresources.trinity-health.org)



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### Your Community Health & Well-Being Program Lead

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Click here for the [Trinity Health Livingston CHWB](https://trinityhealthmichigan.org/about-us/community-health-and-well-being) or visit [trinityhealthmichigan.org/about-us/community-health-and-well-being](https://trinityhealthmichigan.org/about-us/community-health-and-well-being)

