Community Health & Well-Being Impact Report

TRINITY HEALTH ANN ARBOR



Caring for Our Communities: Ann Arbor, Ypsilanti, and Washtenaw County

Community Health & Well-Being Mission

Community Health & Well-Being (CHWB) promotes optimal health for people experiencing poverty and other vulnerabilities in our communities – emphasizing the necessity to integrate social and clinical care. Our approach addresses social necessities and actively combats systemic racism, leading us forward to diminish health inequities.

Strengthen Community Benefit Impact Address Patient Social Needs Invest in Our Communities

STRENGTHEN COMMUNITY BENEFIT IMPACT



Community Health Needs Assessment and Implementation Strategy

A Community Health Needs Assessment (CHNA) uses quantitative and qualitative data, inclusive of community input, to identify and understand assets, needs, and the relative health and social well-being of a community. From the CHNA, an Implementation Strategy is created which translates the significant health needs that were identified in the CHNA process into an action plan. Over a three-year period, the plan will be continuously reviewed and evaluated. Trinity Health Ann Arbor found these three needs to be the most significant in the 2022-2024 CHNA:

Mental Health and Substance Use Disorders

Obesity and Related Illness Maternal and Infant Health

For a more in-depth explanation of the CHNA and Implementation Strategy, click here to see the Trinity Health Ann Arbor CHNA report or visit TrinityHealthMichigan.org/CHWB.

ADDRESS PATIENT SOCIAL NEEDS



Community Interventions

Community interventions are hospital-based services, programs, and activities that promote health and healing as a response to identified community needs. They increase access to health care addressing social influencers of health, improve access to health care services, and reduce health disparities within our service areas. Some examples of our community interventions are:



Community Health Workers (CHW)

Program: CHWs serve as a link between health/social services and the community. Their work facilitates access to services that improve the overall health and wellness of the communities they serve. Between Ann Arbor and Livingston, the CHW program supported more than 277 patients in FY24.

"Sometimes getting things in life for free when you are low-income can be embarrassing. But my CHW was very helpful and made me feel at ease. She also took time out of her schedule to listen to my health problems. She was professional, yet warm and caring." – CHW Client



Faith Community Partnerships: The Faith Community Partnership Program partners with faith communities active in health ministry, along with registered nurses, lay leaders, faith leaders and congregants to integrate faith and health into their communities.



Senior Fit: A program designed to increase the vigor, strength, and balance of the senior community (ages 55+) which reduces the risk of falling and provides a framework for a healthy lifestyle. In FY24, Senior Fit served 86 seniors.



The Farm at Trinity Health Ann Arbor:

The Farm is a food is medicine program, which connects thousands of people annually to the healing power of cultivating and eating nutritious, local food. Learn more in *The Farm's Annual Report.*



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INVEST IN OUR COMMUNITIES



Grants, Charitable Contributions, and In-Kind Support

In our continuous commitment to building a healthier community, Trinity Health Ann Arbor has awarded grants to numerous vital programs targeting the well-being of our residents. These funds were directed toward community-based initiatives that address a broad spectrum of needs related to the prioritized CHNA needs. Listed below are several organizations that Trinity Health Ann Arbor invested in during FY24 totaling nearly \$2.5M:

- Alpha House
- Ann Arbor Community Foundation: Sister Yvonne Gellise Fund for Ending Homelessness
- Catholic Social Services of Washtenaw County
- Dress for Success
- Food Gatherers
- Growing Forward Together
- Growing Hope
- House N2 Home
- Huron Waterloo Pathways Initiative
- Jewish Family Services
- Michigan Community Health Worker Alliance
- Packard Health
- Programs to Educate All Cyclists
- Shelter Association of Washtenaw
- Washtenaw Area Council for Children
- Washtenaw Health Initiative
- Washtenaw Health Project
- Washtenaw Housing Alliance
- Ypsilanti Meals on Wheels

Coalitions

At Trinity Health Ann Arbor, coalition work stands as a testament to the organization's unwavering commitment to policy, systems, and environmental change. Recognizing that sustainable health improvements require collaborative efforts, we build and nurture partnerships with many stakeholders, from local community-based organizations to other health care entities. Trinity Health Ann Arbor co-founded and funds the following coalitions:

- Washtenaw Housing Alliance (WHA): The WHA is a coalition of more than 30 non-profit and government entities that are committed to ending homelessness in our community. The WHA facilitates, encourages, and monitors this work by providing training and technical assistance, advocating for the needs of people experiencing homelessness or are at-risk of homelessness, and supporting the development of more permanently affordable housing.
- Washtenaw Health Initiative (WHI): The WHI is a
 collaborative body of more than 200 individual and
 organizational stakeholders dedicated to improving the
 health of low income, uninsured, and under-insured
 populations across Washtenaw County.
- Washtenaw-Livingston Community Health Worker Coalition: A diverse network of Community Health Workers, CHW supervisors, and health and social service representatives interested in supporting CHWs to address the social needs of our community members. The coalition advocates for and promotes the growth, visibility, and sustainability of local CHWs and social service organizations.



Community Resource Directory

Find and connect with free and reduced-cost health resources and social services in your area or anywhere in the U.S.

Click here to view the communityresources. trinity-health.org



Your Community Health & Well-Being Program Lead

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Click here for the *Trinity Health Ann Arbor CHWB* or visit *trinityhealthmichigan.org/about-us/community-health-and-well-being*