



## April Showers are our May Flowers

2019 Volunteer Honorees.....an essential piece



### ***ANN ARBOR & CANTON***

**5 years:** Mary Amoe, Ruth Germoth, Susan Kack, Catherine Kimmet, Dale Leslie, Judith Moskus, James Pantelas, Denise Slone, Nancy Stahl, and David Wilson

**10 Years:** Christine Gardner & Jesse Bernstein

**15 Years:** Lynn Allison, Karen Madsen, & Megan Carlisle

**25 Years:** Carolyn Henderson    **35 Years:** Anita Henlein



### ***LIVINGSTON & BRIGHTON***

**5 Years:** Jeannine Dufault, Roger Edwards, Marie Hall    **10 Years:** Michelle Cassavoy-Duke, Mary Defaut, Pam Olech, Robert Rosenberg

**20 Years:** Lois Davenport    **40 Years:** Carolyn Jacobs



## CANTON HEALTHY KICK-OFF



Saturday, May 18, 2019

St. Joseph Mercy Canton Health Center

1600 S. Canton Center Rd. Canton

1-4 p.m.

All activities are *free* Health Exploration Station, Skin Cancer screening and much more.



## SUMMER COLLEGE & SUMMER TEENS ARE COMING MAY & JUNE

Welcome to St. Joe's Volunteering.



## YPSILANTI SYMPHONY ORCHESTRA 20<sup>TH</sup> ANNIVERSARY

### *"Local Treasures"*

Season Finale: *Saturday, May 25, 2019 2:00 pm*

Riverside Park, Ypsilanti, Michigan

(Rain date: Sunday, May 26, 2019)

[www.ypsilantisymphony.org](http://www.ypsilantisymphony.org)

## Strawberry Mint Lemonade



### Ingredients

- ✚ 1 cup granulated sugar
- ✚ 1 cup water
- ✚ 1 3/4 cups lemon juice fresh is best
- ✚ 1 3/4 cups sliced strawberries
- ✚ 1/2 cup fresh mint leaves

Source:

•<http://teaspoonofgoodness.com/strawberry-mint-lemonade/>

### •Instructions

1. Make a simple syrup by combining sugar and water in a saucepan, heat over medium heat.
2. Mix for a minute or two until sugar dissolves, bring to a boil, turn off heat and place in the fridge to cool.
3. Now add all of the strawberries and mint to a blender, puree.
4. Add in lemon juice and simple syrup, pureeing until combined.
5. Pour mixture into a pitcher and stick in the fridge until cold.

6. Serve over ice

- Prep Time: 5 min
- Cook Time: 5 min
- Total Time: 10 min
- Servings: 4
- Calories: 231 kcal
- Author: Brandy



While volunteering put these practices at the center of your day & positively connect with all the people you encounter.

## Living the "Core Value" of Integrity

*We are faithful to who we say we are.*

*I put people at the center of all I do by being present and attentive.*

*I take responsibility for my role as a team member.*

*Always do the right thing even when nobody is watching.*

## "Service Excellence Standard"

### Positive Impressions

#### *Personal Appearance*

- ✚ We adhere to the volunteer dress code, and maintain a professional appearance and demeanor.
- ✚ We wear hospital ID badges at collar level with name and title visible.
- ✚ We maintain a fragrance-free environment.

*Presentation is everything*

## Happy Mother's Day History



Celebrations of mothers and motherhood can be traced back to the **ancient Greeks and Romans**, who held festivals in honor of the mother goddesses Rhea and Cybele, but the clearest modern precedent for Mother's Day is the early Christian festival known as "Mothering Sunday." ... The origins of Mother's Day as celebrated in the United States date back to the 19th century.

The modern holiday of Mother's Day was first celebrated in **1908**, when Anna Jarvis held a memorial for her mother in Grafton, West Virginia. Her mother, Ann Jarvis, had previously founded Mother's Day Work Clubs in five cities across the US to improve sanitary and health conditions for working men and women.





**St. Joseph Mercy- Ann Arbor**

**St. Joseph Mercy- Livingston**

**APRIL**

**APRIL**

Annika Riddell 2<sup>nd</sup>  
 Marnie Runchey 2<sup>nd</sup>  
 Matthew Canter 2<sup>nd</sup>  
 Caila Coyne 3<sup>rd</sup>  
 Karen Stewart 3<sup>rd</sup>  
 Mohamad Alhalabi 3<sup>rd</sup>  
 Nathan Lwo 5<sup>th</sup>  
 Laura Doran 9<sup>th</sup>  
 Paul Walkowski 10<sup>th</sup>  
 Denise Brennan 11<sup>th</sup>  
 Joyce Dahart 11<sup>th</sup>  
 Ed Millenbach 15<sup>th</sup>  
 Asmita Tuladhar 16<sup>th</sup>  
 Melanie Andrews 16<sup>th</sup>  
 Ann Alpern 16<sup>th</sup>  
 Gail A. Panoff 16<sup>th</sup>  
 Marcy Radwick 16<sup>th</sup>  
 James McMurtrie 20<sup>th</sup>  
 Dan Kjos 21<sup>st</sup>  
 Janie Little 21<sup>st</sup>  
 Helen Woolcock 24<sup>th</sup>  
 Karen Paciorek 26<sup>th</sup>  
 Semegne Hiruy 26<sup>th</sup>  
 Emily Freeland 27<sup>th</sup>  
 Maddy Murphy 29<sup>th</sup>  
 Rohit Misra 29<sup>th</sup>

Pamela Prince 4<sup>th</sup>  
 Gregg Scott 7<sup>th</sup>  
 Robert Karns 13<sup>th</sup>

**MAY**

Roberta Schultz 4<sup>th</sup>  
 Gail Luzod 16<sup>th</sup>  
 Mary Stachelski 21<sup>st</sup>  
 Dolores Rose 23<sup>rd</sup>

**St. Joseph Mercy- Brighton**

**APRIL**

Michael Bolertz 10<sup>th</sup>  
 Carolyn Cornillie 19<sup>th</sup>  
 Janet M Romeo 20<sup>th</sup>  
 Robert Rosenberg 26<sup>th</sup>

**MAY**

Sally Edwards 19<sup>th</sup>

**Enjoy Your Birthday Volunteers**



**MAY**

Mark Harden 3<sup>rd</sup>  
 Maija Erdmanis-Bailey 4<sup>th</sup>  
 Kumari Swathi Maire 7<sup>th</sup>  
 Karyn Cuppernoll 10<sup>th</sup>  
 Virginia Reilly 12<sup>th</sup>  
 Sanjna Chokshi 14<sup>th</sup>  
 Nya Pernell 15<sup>th</sup>  
 Catherine Kimmet 23<sup>rd</sup>  
 Rebecca Schlaff 27<sup>th</sup>

If you are interested in any of the posted volunteer opportunities, please apply:

- Lisa.Austin@stjoeshealth.org  
Manager, Volunteer Services
- Livingston & Brighton:  
517-545-6121
- Ann Arbor & Canton:  
734-712-4164
- Or visit  
[stjoesannarbor.org/volunteering](http://stjoesannarbor.org/volunteering)  
for more information on open  
volunteer programs.

## Livingston Book and Magazine Cart



We are looking for volunteers interested in bringing reading materials to our patient, family and visitors areas.

This role consist of pushing our book cart, keeping our family waiting areas stocked with neat and current items.

A requirement is to have great customer service skills to interact with people and organization skills to maintain the materials. There is training for wayfinding.

We are in need of adult coloring books, crayons, crossword puzzle books, colored-pencils, decks of cards, checker board games and markers for our "Creative Arts Program".

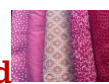
If you would like to donate any of the above items, please drop them off to the volunteer office at St Joseph Mercy Ann Arbor, Suite 1230 any day between 9-3pm.



Donations Needed,



Donations Needed,



*The Livingstons Volunteer Sewers* are in need of donated pieces of **fabric** to continue making quilts and blankets for our patients and families. If you have any color or size we would greatly appreciate receiving the pieces. Please bring any fabrics to the main entrance front desk at St. Joe's Livingston Mon-Fri from 8 am- 4 pm. Any questions, please give us a call at (517) 545-6121

## SUMMER TEENS VOLUNTEER PROGRAM FOR LIVINGSTON COUNTY

*Do you have teenagers in your family, neighborhood, or community organization? If so, please share with them the great experience and volunteer opportunities available at St. Joe's Livingston & Brighton for career explorations and skill development. Apply online at [stjoeslivingston.org/volunteering-livingston](http://stjoeslivingston.org/volunteering-livingston), or call (517) 545-6121.*