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Giftor



St. Joe's First Endowed Chairs Gifts Honor Physicians and Sustain Excellence

for donors of Saint Joseph Mercy Health System

A 50-year Relationship Sparks a Gift for the Future Jabara Family



Walter M. Whitehouse, Jr., MD, with Julia and Kal Jabara at the fall 2015 event celebrating donors who supported the Walter M. Whitehouse, Jr., MD, Endowed Chair for Surgery - the first endowed chair at St. Joe's.

"If a hospital and its staff could be members of someone's family, St. Joe's and its doctors and nurses would be a part of ours," said Julia Jabara.

Kal and Julia Jabara moved to Plymouth, Michigan, with their children in 1968 and started Wild Wings and Kincaid Art Galleries, one of Kal's many business ventures. At that time, they also began a nearly 50-year relationship with St. Joe's. The Jabaras have held together through many health trials that have only strengthened their family's love and inspired them to give back to their community. A number of years ago during an appointment with Dr. Whitehouse, Julia asked, "When will someone be raising money for a Whitehouse professorship?" The family felt Dr. Whitehouse should be recognized for his expertise, the respect he shows patients, the mentorship of surgical residents, and the kindness he practices every day. In 2015, when they posed the question again, Dr. Whitehouse shared St. Joe's plans for an endowed chair. A few months later, Kal, Julia and their son Dean arrived at St. Joe's to present Dr. Whitehouse with the family's leadership gift.

With the Jabaras' extraordinary support as well as gifts from patients, physicians and staff, more than \$1.5 million was raised to establish the Walter M. Whitehouse, Jr., MD, Endowed Chair for Surgery – the first endowed chair at St. Joe's.

It was soon followed by a second, the M. Hugh Solomon, MD, Endowed Chair for Urology. Again, the Jabaras chose to make a lead gift, this time to recognize and thank Dr. Solomon for the exceptional treatment and compassionate care he had provided Kal.



Sister Yvonne Gellise, SJMHS Senior Advisor for Governance, and Julia Jabara at the 2015 event. Julia has great admiration for the Sisters of Mercy who, as she says, "established the hospital's qualities of excellence and love."

Thank You to Our Donors

St. Joe's is grateful to the Jabaras and the generous donors who supported efforts to establish our first two endowed chairs named for Doctors Whitehouse and Solomon. Your recognition of our leaders will make ongoing excellence possible.

Income from the Walter M. Whitehouse, Jr., MD, Endowed Chair for Surgery and M. Hugh Solomon, MD, Endowed Chair for Urology will be used under the discretion of the Department Chairs, not for salaries or supply purchases, but for programs and projects that elevate St. Joe's culture of research, learning and mentorship as well as innovative care.

The Solomon Endowment reflects Dr. Solomon's leadership and dedication to continually improving urological treatments – bringing new technologies and protocols to St. Joe's, providing patients with personalized care that has immediate and lasting benefits, and creating a healing environment. Dr. Solomon's accomplishments are a cornerstone for the future of Urological care.

The Whitehouse Endowment recognizes all Dr. Whitehouse has made possible and the foundation of surgical excellence he has created through leadership, scientific study and patient-centered care; the enhancement of surgical care, the construction of St. Joe's state-of-the-art surgery centers, the success of surgical residents, and the lives he has touched.

For more information about supporting endowed chairs at SJMHS, please call Fran Petonic, Vice President for Development, at 734-398-0642.



Kal Jabara has been active in nature conservancy as well as an award-winning sportsman.

The Jabaras' gifts not only reflect their gratitude, but also their own personal commitment to others and our community. For many years Kal and Julia served as lead volunteers with the Kidney Foundation in Michigan. Kal has promoted local artists especially through the Federal Duck Stamp Contest. He was president of the Plymouth Rotary twice and of the Oilman's Club as well as a volunteer for the Salvation Army in Detroit. Kal recently joined friend Howard Tanner in Michigan State University's Project F.I.S.H. an educational program offered through local schools for youth and families. To this day, Julia supports Kal's business endeavors and volunteer vocations with pride and enthusiasm.

"We are pleased to give back to a hospital

that has meant so much to us and to our children," said Julia Jabara. "And, we wish God's Blessings on you all."

"The Jabaras vision, encouragement and leadership gifts for St. Joe's first two endowed chairs are inspiring and will sustain medical and surgical excellence as well as our healing mission," said Katie Elliott, Director of Development at St. Joseph Mercy Ann Arbor.



Annie and M. Hugh Solomon, MD, with Kal and Julia Jabara at the fall 2015 event.



are Kal, Louise, Julia and Dean Jabara at an art show many years ago.

St. Joseph Mercy Oakland First in Michigan to Offer New Non-narcotic Pain Treatment for Knee-replacement Surgery

St. Joseph Mercy Oakland recently became the first hospital in Michigan to treat knee replacement patients using the innovative new ioverao[®] treatment that freezes the nerves surrounding the knee for immediate and long-lasting pain relief throughout surgery, post-surgery and rehabilitation.

"The results have been nothing short of amazing. My patients are more comfortable and are back on their feet faster," said Safa Kassab, MD, orthopedic surgeon at St. Joe's Oakland."

Your support leads to innovative approaches that focus on treatment and health issues related to treatments. According to Dr. Kassab, today's standard total knee replacement may include weeks of discomfort and pain. With ioverao, St. Joe's can improve pain management and recovery with a non-narcotic approach.

"Drugs and drug dependence is a serious problem facing our community. I can now reduce or eliminate these addiction risks for many of my patients by using this new, innovative method of pain management," said Dr. Kassab.

For a referral to a physician offering this treatment, please call 1-800-372-6094.

For information about making a gift to support St. Joe's Oakland please contact Megan Miller, Director of Development, at 1-248-858-3556 or Megan.Miller@stjoeshealth.org.



Your Passion Your Gift OUR COMMUNITY'S BENEFIT

Your financial support makes remarkable care possible. Visit stjoeshealth.org, select your hospital and click on Ways to Give.

Or call our Office of Development:

St. Joseph Mercy Ann Arbor	734-712-4040
St. Joseph Mercy Chelsea	734-593-5373
St. Joseph Mercy Livingston/Brighton	810-844-7207
St. Joseph Mercy Oakland	248-858-6146
St. Mary Mercy Livonia	734-655-2980





K Collin, MD

100

Kent Collin, MD, has spent his life working with vulnerable populations, from serving as a mediator for juvenile offenders to a career as an emergency physician treating patients who are facing dire health crises. He uses his insight, expertise and passion to provide direct care and find solutions that recognize needs on an individual and global level. Today, as Service Chief and Director of Emergency Medicine and Head of Business Health at St. Joe's Chelsea, Dr. Collin sustains a commitment to area residents who have relied on their community hospital for comprehensive compassionate care for nearly 50 years.

Dr. Collin is among the doctors at St. Joe's who serve as leaders, teachers and healers.

Tell us a little about yourself.

I grew up in Fresno, California, moved to New York for med school, and did my residency at University of Michigan (UM). My wife is an OB-GYN and grew up on the East Coast. In between training and living at several different locales including Seattle, New Haven, and Albany – we had our kids on the run... however with residency and the birth of our youngest son, we eventually found the Midwest to be a great place to raise kids and to call home. We have three incredible boys ages 13, 11 and 9.

How did you choose your specialty?

I inherited my parents' commitment to reaching out to people in need. My mom is a nurse and my dad is a virologist. They met doing medical outreach in Nigeria. They loved it. I think sometimes your specialty corresponds with your values and sensibilities. I find it most fulfilling to work in a field where I need to be flexible and prepared enough to serve the most vulnerable patients and unique cases and approach a vast patient population in a more comprehensive way.

What drew you to St. Joe's Chelsea?

St. Joe's Chelsea is a great fit for me because the hospital's culture is community focused. I took part in UM's dual-residency program doing a portion at both UM and St. Joe's Ann Arbor, and I was drawn to the synergy between the two health systems. A synergy they continue to have at Chelsea. Being close to home and to my kids is another important draw to St. Joe's Chelsea. For me, it's more fulfilling to work in the community where I live.

What is your philosophy of care?

I start my shift thinking, "Okay, if all these patients were my family, what would I do?" I think about all the considerations beyond treatment - bedside manner, family involvement, cultural differences, respect, communication - that influence the experience and often outcomes.

From a broader perspective, at St. Joe's Chelsea, we look at the ER as a collective trust – the interface between doctors from a multitude of fields is the main ingredient.



What is on the horizon for your program and field of medicine?

ER: We are working toward reversing trends that bring patients into the ER as a "catch all." The most vulnerable patients wait to seek care until an illness or injury is severe, making it harder and more expensive to treat. Our emergency department needs to be ready for not only acute emergencies, but also to work as an interface with consultants, primary care providers, social workers, and our community we serve. One position that exemplifies this is our patient resource manager, a relatively new addition to our department. The manager assists patients with their next steps for care such as home care, nursing care, follow-up appointments, connecting patients to outpatient and specialty services. We are looking at ways to transfer resources to improve prevention and treatment and offer what we and many others call "the right care at the right time."



Recently renovated emergency entrance at St. Joe's Chelsea

Business Health: We are improving our model and synergy with businesses at large. We are meeting with local businesses to determine things like: What type of factory or environment are they and what are common on-the-job health risks? How can we be prepared to treat likely needs? And, how can we help keep employees healthier and prevent injuries and illness? We're also developing better procedures and networks with the HR contacts to streamline the benefits process. Stroke Center: St. Joe's Chelsea was also recently named a Primary Stroke Center by The Joint Commission and American Stroke Association. This distinction recognizes hospitals that make exceptional efforts to improve outcomes for stroke care. (See a full article on the Stroke Center on pg. 10).

How do you describe the role of philanthropy at St. Joe's Chelsea?

Philanthropy is, at the heart, a community endeavor. The outcomes of our patients in the Emergency Department are not solely dependent on one individual provider but the result of our personnel working collectively as a team.



The CT Scanner at St. Joe's Chelsea is used to diagnose a stroke.

The health of a hospital is essentially the same. At Chelsea, we are so very blessed to have a vibrant and active community of people who are extremely involved with the hospital (both at the private business and individual levels). Their commitment and dedication, whether by financial means or through volunteer work has allowed this hospital to become what it is today. It really can't be overstated how important a role our community has in the health of our hospital.

If you weren't a doctor, what is your second choice for a career? Have you held other jobs? If so, what were they?

My parents definitely believed that their children should see the benefits of work. At an early age, I started working as a bagger/bottler of a local grocery store. Other jobs included fruit packaging (a typical central California summer job), pizza delivery, house painting, waiting tables, bar backing, lifeguard, etc.

On the flip side, having a job as a teenager really did allow for independence. Shortly after graduating high school, I spent one season as a ski bum doing odd jobs to pay for it – (much to the chagrin of my parents).

After college, I took a mediation position working with the court system that helped young offenders provide restitution to the businesses or persons they offended and to stay out of the juvenile system. The recidivism rate was extremely low compared to conventional methods, and became a model that was adopted by other counties in the area. Now that was work I was extremely proud of.

How do you spend your "spare" time? What are your favorite travel destinations?

As a family, we try to stay involved in community outreach like food drives and serving retirement communities. I think that's something important to instill in my kids.

My family and I like being outdoors, we go skiing back west in Colorado and Utah and we try to visit my family on Vancouver Island once a year for salmon fishing. Locally, we like to do a lot of swimming.

I'm also excited about plans to visit Spain for The Way of St. James walking pilgrimage this Easter. We are going with several of our good friends, and plan on completing the first 1/3 of the walk starting in the Pyrenees in France and ending up in the wine region. Not a bad way to finish....

What is your favorite movie? What is your favorite book?

Comes down to two movies – worlds apart: Chariots of Fire and Pulp Fiction (can watch Chariots forever, Pulp Fiction because it was such a great piece of work – violent though, but still...). Book wise, I really have to confess that I am an absolute nerd for fantasy and science fiction....Tolkien, Bradbury, Robert Jordan, and of course Arthur C. Clarke. Currently just read "Ready Player One," by Ernest Cline, anyone who lived through the 80s should appreciate that one.



Dr. Collin after salmon fishing with his sons Henry and Will in Vancouver Island.

St. Joseph Mercy Chelsea Earns "Primary Stroke Center" Status

Your support for St. Joe's Chelsea sustains medical excellence. In October, St. Joseph Mercy Chelsea earned a Certificate of Distinction for Primary Stroke Center from The Joint Commission and the American Stroke Association, which recognizes hospitals that make exceptional efforts to foster better outcomes for stroke care.



"This prestigious designation signals to Chelsea and surrounding communities that we have the physicians, nurses and clinical protocols in place to respond quickly and intervene when stroke occurs," said Nancy Graebner, President of St. Joseph Mercy Chelsea. "We applaud the excellent teamwork and coordination required within the hospital to achieve such a designation."

Gifts for St. Joe's Chelsea are invested in the hospital to build upon quality, compassionate and specialized care. "St. Joe's Chelsea is focused on the communities we serve, and having advanced stroke care here is vital to rapid diagnosis and treatment known to have a significant positive effect," explained Kent Collin, MD, Service Chief Director of Emergency Medicine and Head of Business Health at St. Joseph Mercy Chelsea.

To make a gift to St. Joe's Chelsea or to learn more about how your support makes a difference, contact Judy Stratman, Director of Development, at 734-593-5373 or Judy.Stratman@stjoeshealth.org.

Your Legacy

You can ensure the Remarkable Medicine, Remarkable Care that your family has counted on is available for future generations. Making a gift through your will or trust is a simple and meaningful way to leave your legacy. Contact Michelle Fallscheer, Senior Major Gift Officer, at 248-858-6142 or Michelle.Fallscheer@stjoeshealth.org, for more information and allow us to recognize you as a member of one of our Legacy Societies.

Did you know?

After turning 70 ½ years of age, you must take your required minimum distribution (RMD) from your IRA. You can avoid taxes on transfers of up to \$100,000 and satisfy the RDA for the year by making an IRA charitable rollover gift directly to your non-profit of choice such as the Saint Joseph Mercy Health System hospital closest to your heart.



Leadership Class supports Cancer Care at St. Joe's Brighton

Brighton Area Schools (BAS), in conjunction with the Brighton High School Leadership Class taught by Arnella Park, held a BAS PINK WEEK Fundraiser, raising more than \$28,000 to benefit patient care at the Warren R. and Lauraine A. Hoensheid Cancer Center at St. Joseph Mercy Brighton. Since 2012, multiple BAS Leadership Classes have chosen the Cancer Center as the beneficiary, making gifts totaling \$60,593.

"The Brighton Area Schools Leadership Class is filled with inspiring students and is an exceptional way to engage their compassion, ideas and drive. St. Joe's is incredibly grateful to the school, the students and all those who contributed to BAS PINK WEEK, your generosity will impact the lives of patients," said John O'Mally, President of St. Joseph Mercy Livingston and Brighton.

To make a gift in support of St. Joseph Mercy Livingston and Brighton, contact Katie Rusak, Development Director, at 810-844-7207 or Kathryn.Rusak@stjoeshealth.org.



The Brighton Area Schools Leadership Class presented St. Joe's Brighton with a check and toured the Hoensheid Cancer Center.



Students from the Brighton Area Schools Leadership Class were amazed by the Linear Accelerator for targeted radiation therapy.



Vice President Joe Biden and Dr. Phil Stella at the ASCO Summit

ADVOCACY FOR CANCER CARE

This past September, Philip Stella, MD, SJMHS Medical Director of Oncology, joined oncology providers from throughout the United States at the ASCO Advocacy Summit, "to urge Members of Congress to support policies that ensure high-quality, high-value health care for the more than 1.6 million Americans diagnosed with cancer each year."*

To make a gift for cancer care at St. Joe's Ann Arbor, contact Katie Elliott, Development Director, at 734-712-3919 or Katie.Elliott@stjoeshealth.org.

* https://www.asco.org/advocacy-policy/asco-in-action/asco-bringsvolunteer-advocates-and-cancer-priorities-congress-during



Frank & Bessie Angileri

Spoken from the Heart

For a young man, moving to the United States in the 1950s was a big opportunity, but Frank Angileri admits he felt lost at first. He had taken some English courses while working toward his degree at Palermo University in Italy and while he excelled in grammar, he struggled with the spoken language.

Frank came from a working class family and moved to Detroit with his wife, Bessie, for employment, "I came over penniless," he says. But, he brought his work ethic with him, willing to take on many jobs including his first at Sanders, cleaning the mixers used to make decadent swirls of frosting. From there he stocked bags on each of the 27 floors at Hudson's, the once-towering hub of style and prestige on Woodward and Gratiot in downtown Detroit, where he made many friends. Finally, Frank's native language became an asset

when he began translating articles from English to Italian for a Detroit area newspaper.

Then in 1953, Frank "discovered America." He was offered a position in the auto industry. Following a year at Chrysler, Frank took a role as a quality engineer for Ford Motor Company. A position he held for 34 years, retired from, and, when he missed working, used to launch a 16-year career in quality consulting.

Writing presentations for Henry Ford II and traveling to visit partners throughout the nation were two of Frank's favorite roles at Ford. All of his hard work (sometimes 7 days a week), his analytical mind, his eye for perfection and his charming ways were appreciated and respected greatly by his employer and co-workers.

Frank was living his dream, working in a prestigious, well-paid position, owning a nice home, traveling and enjoying the love of his life. He and Bessie traveled to Italy nine times, they took cruises, and enjoyed gourmet meals at restaurants and those that Bessie prepared herself. He gleams with pride when talking about the time she took first place for her baked lasagna in a Redford Township cooking contest.

When Bessie became ill with dementia and needed care at St. Mary Mercy Livonia, Frank recognized that having the best trained nurses, clinicians and doctors made the experience, even such a hard one, better. He was extremely grateful for their expertise and their care. "Everyone needs to be treated like a human being, like they matter. The nurses and doctors were knowledgeable, thorough and kind."

Years later, Frank also needed care at St. Mary Mercy and he says that he would never want to go to another hospital, "the people at St. Mary treat you like family. I enjoy spending time talking with people and getting to know them. Some of the staff even came in to spend time with me on Christmas Eve."

Frank has chosen to make a substantial planned gift to support St. Mary Mercy Livonia, and while he has not restricted his gift, he sees ongoing training for physicians, nurses, clinicians and staff as very important – quality training is something he feels passionate about and would be proud to support.

Bessie lost her battle with dementia 2 years ago. Frank shared the touching story of her last moments. Frank held Bessie's hand and asked her to remember him. He asked, "who am I?" Bessie responded, "I don't know." "Who am I?" Frank repeated. "I don't know," she said. "It's me, Frank," he encouraged. Bessie looked at him and responded, "Frank," and closed her eyes and died peacefully.

The power of words and language has been so meaningful in Frank's life. His conviction learning English, a language he describes as "beautiful." Crafting words for Ford presentations and often editing for his coworkers, "me, the imported guy, editing English," he says. Even the time he presented to Fiat and Ford executives, translating between Italian and English. And, the most meaningful, the last word Bessie spoke, his name. Frank's planned gift to St. Mary Mercy was made in gratitude for the care he and Bessie received. "I have been so fortunate in my lifetime and I want to give back," explains Frank – proving the language of kindness, of generosity, of love...is universal.

To learn how you can support St. Mary Mercy Livonia, contact Sara Stauffer, Development Director, at 734-655-2980 or Sara.Stauffer@stjoeshealth.org.

To learn how you can make a planned gift to the SJMHS hospital closest to your heart contact Michelle Fallscheer, Senior Major Gift Officer, at 248-858-6142 or Michelle.Fallscheer@stjoeshealth.org

Port of Palermo

Be strong-hearted

Ray Scott knows the importance of teamwork. The retired professional basketball player and coach has played with the world's best athletes throughout an impressive career with the Detroit Pistons and other teams.

Ray played six seasons with the Pistons from 1961-67 during his 11-year pro career, and later returned to the team as its head coach and led the team to a 52-36 record in 1974 and was named NBA Coach of the Year. He is a member of the Michigan Sports Hall of Fame and was named one of the "30 All-Time Pistons."

Since retiring from the game, Ray settled in Ypsilanti where he and his wife raised three lovely daughters. He became successful in private business and serves as an ambassador for children and families for the Wellspring Lutheran service agency in Michigan.

His peaceful family life became threatened when Ray was diagnosed with arrhythmia that could become clinically significant if left untreated. He worked closely with his doctors at Michigan Heart to find a procedure that fits his lifestyle. When his heart falls out of rhythm, he bounces back with a procedure called cardioversion. The outpatient procedure is done in the morning and he's home by lunchtime.

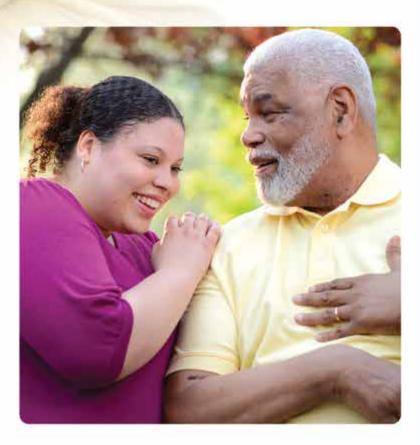
Ray sticks to a diet and exercise plan designed to maintain a healthy blood pressure and cholesterol levels. He's happiest with his family. Two of his daughters live out of state and the youngest, Alison, attends his alma mater, Eastern Michigan University.

Ray says the CardiacAdvantage team helped him regain control of his heart condition and he's committed to keeping it that way.

"It's rooted in faith," Ray says. "St. Joe's part of the deal is to heal you, our part of the deal as patients is to be faithful."

To learn more about CardiacAdvantage, visit www. stjoesannarbor.org/cardiacadvantage.

To make a gift in support of St. Joe's, contact Katie Elliott, Development Director, at 734-712-3919 or Katie.Elliott@stjoeshealth.org.



#BeRemarkable

Thank you for sharing our vision and mission. Our donors make being remarkable possible. With every new day at St. Joe's, we dedicate ourselves to being a compassionate, transforming, healing presence in the lives of patients. The mission we all share is why we are here – it's what drives us. Our combined efforts are nothing short of remarkable.

At St. Joe's, remarkable is the uncommon blend of extraordinary care and medicine that your gifts support. Your gifts benefit our patients who inspire us to be the best in everything we do.

Be always seeking, bravely fighting, forever hoping...Be Remarkable.

Do you have a remarkable patient story to share? Do you want to see more Be Remarkable stories? Visit stjoeshealth.org/beremarkable

BeRemarkable

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Please contact us at 1-855-257-1719 if you wish to have your name removed from lists used to send fund-raising requests supporting Saint Joseph Mercy Health System.



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FastFacts

St. Joseph Mercy Ann Arbor has achieved Level I Trauma Center verification from the American College of Surgeons (ACS), demonstrating expertise to treat the most severely injured patients through multidisciplinary trauma care from prevention to medical and surgical treatment to rehabilitation.

Saint Joseph Mercy Health System has joined five others in The Detroit Cardiogenic Shock Initiative. Their collaboration and groundbreaking work has doubled the survival rates in patients experiencing cardiogenic shock a life-threatening side-effect to a heart attack. Participating health systems have agreed to insert the Impella pump before beginning treatment to support circulation and improve outcomes.

St. Joe's staff donated more than 1 ton of food for Food Gatherers during the annual Harvest Gathering, and Michael Miller, SJMHS Chief Mission Officer, went on air with Ann Arbor's 107.1 for Food Gatherers Rockin' for the Hungry campaign, helping surpass the \$1 million goal.

St. Joe's Ann Arbor is among the first hospitals in Michigan to offer patients a new option for coronary artery disease. The Absorb stent opens clogged arteries to restore blood flow then gradually dissolves in the body, unlike traditional metal stents that are permanent implants. For more information, contact St. Joe's Michigan Heart at 734-712-8000 or visit stjoeshealth.org.

Join the challenge – a challenge grant from the Richard E. and Sandra J. Dauch Family Foundation will support the expansion of the Mercy Dental Clinic at St. Joe's Oakland. Your gift will be matched dollar for dollar and help vulnerable patients, including those who are disabled, to get vital dental care. Call Megan Miller, Development Director, at 248-858-3556.