Volunteer News

March 2019



WE ARE SO "LUCKY" TO HAVE YOU AS A ST. JOE'S VOLUNTEER

"YOU ALL SHAMROCK"



<u>The Onocology Link Program</u> is so "Lucky to have Denise as our volunteer because she is empathetic and insightful as a cancer survivor herself and knowledgeable of the various psychosocial resources offered through Link. She is a strong advocate within the cancer community.

<u>Brighton Link</u> is so "Lucky" to have John as a volunteer because he is kind and comfortable providing information and support to cancer patients as well as staff. Additionally, he is skilled at providing on-site training when new volunteers need to shadow.

<u>Canton Link</u> is so "Lucky to have Kim as our volunteer because she has a distinct comfort working with staff as well as patients and new volunteers.

<u>**11** east</u> is so "Lucky" to have Gail as our volunteer because she is a team player, willing to go the extra mile for the patients and staff!

<u>**11** east</u> is so "Lucky" to have Mohommad as our volunteer because he is compassionate and does tasks with patients without effort, he jumps right in and starts his volunteering with a smile all the time.

<u>St. Joe's Farm</u> is so "Lucky" to have Saad Hoz as a volunteer because he is so dedicated and kind. We are so "Lucky" to have Annika Riddel as a volunteer because she is so eager to learn.

Reichert Desk is so"Lucky" to have all of their volunteers. They are so "Lucky" to have Joyce & Mia because they both step up too help , are dedicated, and caring.

<u>5 East</u> is so "Lucky" to have Stephen as our volunteer, who has been with us for years. He is one of the most thoughtful, nicest people I have ever met. It is definitely a plus for the patients as their experience with him is a good, last impression of the hospital. He is so good at taking the time to talk with the elderly and confused as well as anyone else he comes in contact with. The staff love Stephen. We couldn't ask for a better volunteer!!

<u>Volunteer Services</u> is so "Lucky" to have Roberta McDonald, & Dave Wilson, Betty Peters, & Fred Steuwe. Each one of them is so dedicated, committed and are true St. Joe's champions.

Contents: "Lucky......1 Holidays & Seasons.......2 ReMarkable Recipes.......3 March Birthdays......4 Reminder's & Updates......5 Volunteer opportunities......6

Holidays and Seasons:



Easter Sunday History

April 21, 2019

Unlike Halloween, Christmas and Valentine's Day which all fall on fixed dates, Easter can fall anytime between March 22 and April 25.

In 2019 it falls on Sunday, April 21.

Good Friday is therefore April 19, and the Easter Monday bank holiday is on April 22.

The date is decided by a complex set of calculations based on observations of the moon.

In early Christianity, different churches used different methods, leading to disagreements which remain unresolved centuries later.

Eastern and Western churches continue to celebrate Easter according to different calendars, although sometimes by chance the festivals coincide.



First Day of SPRING

Wednesday March 20th, 2019



We are so LUCKY to have you as a Volunteer!



St. Patrick's Day Celebration Fun Facts:

- St. Patrick's Day observes of the death of St. Patrick, the patron saint of Ireland. The holiday has evolved into a celebration of Irish culture with parades, special foods, music, dancing, drinking and a whole lot of green.
- Music is often associated with St. Patrick's Day—and Irish culture in general. From ancient days of the Celts, music has always been an important part of Irish life. The Celts had an oral culture, where religion, legend and history were passed from one generation to the next by way of stories and songs

Info taken from: http://www.history.com/topics/st-patricks-day/stpatricks-day-facts

Spring cleaning is the practice of thoroughly cleaning a house in the springtime. The practice of spring cleaning is especially prevalent in climates with a cold winter. In many cultures, annual cleaning occurs at the end of the year, which may be in spring or winter, depending on the calendar. Wikipedia

<section-header> St. Patrick's Day ReMarkable Recipe: 2 Ingredients: • honeydew melon • apple juice • orange juice • ice

Blend all the ingredients together until you get a smoothie texture. Optional - add green sugar sprinkles on the top



You can make a cute **gold coins snack** by cutting up a banana.

Simple, yet fun for little ones!





St. Joseph Mercy- Ann Arbor

Kathleen Fromm	March 2
llene Mackie	March 7
Judy Spellman	March 7
Marianne Powell	March 8
Mary Burkett	March 10
Hania Khan	March 11
Virginia Mikola	March 13
Rahee Patel	March 14
Taylor Leathead	March 15
Marguerite Rysse	March 16
Roberta McDonald	March 16
Kelsy Lee	March 18
Jane Schmiedeke	March 22
Sydney Miller	March 22
Teara White	March 24
Frederick Steuwe	March 28
Linda Hahn	March 29
Melissa Ruprich	March 30

St. Joseph Mercy- BrightonTina MoyerMarch 9Lynda StahlMarch 10Lynette
VandelaarMarch 26St. Joseph Mercy- LiverstonLaura McDanielMarch 12Peggy OgdenMarch 12

Janene Paetow

March 29

St. Joseph Mercy- Canton

Patricia Millenbach

March 27

St. Joseph Mercy-Ann Arbor

NICU Advisors

Kendra Brooks March 13

Kim Gardner March 20

Jessica Hahn March 29

Updates & Reminders:



Annual Volunteer Recognition Luncheon

Keep an eye out for your Annual Volunteer Recognition Luncheon Invitation in the mail.

Termination of Volunteer Time

Step 1: Inform your liaison

Step 2: Inform Volunteer Serv.

Step 3: Return jacket & badge to us.

Step 4: Know we appreciate you.

NOTE: If you decide to return you <u>MUST</u> contact Volunteer Services to get cleared <u>FIRST!</u>



Core Value of the Month.

"Stewardship"

We honor our heritage and hold ourselves accountable for the human, *financial*, and natural resources entrusted to our care.

As we honor, engage, and celebrate our valued volunteers please remember to RSVP for this year's luncheon. Thanks in advance.

RSVP line (734) 712-4361

Invitations are in the mail.

SAVE THE DATE TO CELEBRATE

National Volunteer Week

ANN ARBOR & CANTON

Thursday April 11, 2019

12-2p.m.

Huron Woods Bldg., 5361 McAuley Drive On the Campus of St. Joe's Ann Arbor Ypsilanti, Michigan 48197

LIVINGSTON & BRIGHTON

Thursday April 25, 2019 Community Rooms 1-3 St. Joe's Livingston 620 Byron Road Howell, Michigan 48843

You are an essential piece......





Help Make Our Patients Smile by Sewing

St. Joe's Livingston has a talented group of ladies that supply our patients with laprobes, quilts, walker bags, prayer shawls and booties for infants born at our Ann Arbor ministry. Do you sew or knit? Perhaps you would like to donate your skills and time in making items for our patients.

Can you help? The sewers are always in need of an extra pair of loving hands. If you are interested, please contact Volunteer Services at 517-545-6121.

Ann Arbor Emergency Department

Looking to volunteer in a fast-paced healing environment?

Are you able to show care, compassion, and critical thinking skills?

If you answered YES, then we may have the perfect volunteer placement for you.

Call us at 734-712-4164

Experience Advisor:

Opportunity to become more deeply involved in improving health care, with Process Improvement projects. For example:

Experience Observer

- Shadow patients during their care experience and collect touchpoint information
- Meet with patients or family members to learn about their current experience and how we might make improvements.

Quality and Safety work

• Represent the patient/family perspective in case/process reviews

Committee members: Seeking Livingston County residents to be part of the **Livingston Patient and Family Advisory Council** to focus on improving the quality, safety and overall experience for our patients and their family. Requires monthly committee meeting and occasional subgroup work.

Anyone interested can contact Susan Kheder directly at: 734-712-4945 or email at

Volunteer Opportunities



Guest Ambassador:

In need of compassionate and dedicated registered Pet Therapy teams for patient visits or greeting and escorting visitors in the lobby.



The SJMHS Pet Therapy Program is a unique way that we show compassion to our patients, their families, and even our hospital staff. Pet Therapy visits lift the spirits of our patients and help them reconnect and give them unconditional love, which boosts their mental and physical health. It cannot be stressed enough on how important the teams mean to us, with their compassion and commitment. This makes a success of our therapy dog program. Every opportunity dog handlers have to make new friends is a gift that helps strengthen the bond with their dog.

Please apply online at: http://stjoemercyann.vsyshost.com/vsys/a pp/MOZ276N83LPL9VYO

Livingston Welcome Ambassador:

This location is in need of friendly volunteers with great people skills to help at the information desks. You must have great customer service skills for greeting and escorting visitors in the lobby. If interested please contact Lisa Austin at:

734-712-4164 or 517-545-6121



Volunteering is at the very core of being human. No one has made it through life without someone else's help.

– Heather French Henry



Book and Magazine Cart:



We are looking for volunteers interested in our Book and Magazine cart. This consists of pushing our book cart and going to all of the floors. There is training for wayfinding. A requirement is to have great customer service skills, as you will be interacting with patients. If interested please contact us at: **734-712-4164 or at 517-545-6121**