



e

at Trinity Health

20  
22

# Annual Report

Growing a healthy community by empowering people through food, education and relationships.

# About the Farm at Trinity Health

Trinity Health believes that food is medicine. We show our commitment to that belief at our two hospital-based farms in Ann Arbor and Pontiac, Michigan. The Farm is a regional program that connects thousands of people annually to the healing power of cultivating and eating nutritious, local food. Our mission is to grow a healthy community by empowering people through food, education and relationships.

## Trinity Health Ann Arbor (THAA), Ypsilanti MI

Started in 2010, the Farm at THAA is one of the oldest hospital-based farms in the country. The 5-acre Farm at THAA includes a Food Hub for aggregating and distributing food, the nation's first handicap-accessible hoop house and an outdoor classroom.

## Trinity Health Oakland (THOA), Pontiac MI

Started in 2020 and located directly outside the North entrance to the hospital, The Farm at THOA includes 1.3 acres of multifunctional spaces including food production, cut flower garden, herb garden and the new timber frame Kimberly Ebeid Pavilion that offers a tranquil spot to share a meal or host community gatherings.

**We join everyone on their path to better health.**

**We honor each person's unique experience and work for an antiracist future.**

**We inspire joyful connections.**

**We build and maintain fearless partnerships.**

**We innovate passionately.**

**We honor this land and its history, and we are good stewards of land and resources.**



# Letter from the Farm Director

Dear Farm Family,

What a year we've had in 2022. There have been many exciting developments, the largest of which is the addition of six new staff members to our regional team. These additional positions have made a world of difference in our ability to grow more food, connect with more people and live our Mission of growing a health community. In Ann Arbor, the new Food Hub was used frequently; we packed a total of 12,960 boxes and served over 195 families with food insecurity. In Oakland, the Farm continued to take shape with new garden beds, construction of the new Kimberly Ebeid Pavilion, and an expanded Farm Share program.

It is not the physical things I'm most proud of. Instead, it is the impact we have on the people and world around us. To quote the illustrious Maya Angelou, "people will forget what you said and what you did, but they will never forget how you made them feel." As one food pantry participant said: "You're saving my life. You are great people. Farm on!" Thank you for welcoming us into your lives. We are so grateful for the gifts we are given every day in the opportunities to not only feed people healthy food, but also invest in a sustainable food system that will continue to feed generations to come.

I hope you enjoy this report and consider supporting our work through gifts of time, funding and engagement.

With love,

*Amanda Sweetman*

**Amanda Sweetman**

*Regional Director of Farming and Healthy Lifestyles*



**Our Farm Team in front of the new Kimberly Ebeid Pavilion at Trinity Health Oakland:**  
(left to right): Alison Shores, Jae Gerhart, Amanda Sweetman, Will Jaquinde, Chelsea Skonieczny, Katelyn Smoger, Laura Meisler and Loren Sanders. Not pictured, Carina Gold.



# Regional Highlights

- **5** new staff members at Trinity Health Ann Arbor
- **1** new staff member at Trinity Health Oakland
- Generated **>\$290,000** in revenue for 21 partner farms
- **15,460** boxes of food packed and distributed through our Farm Share
- **11,716** pounds of produce harvested on our sites
- **15,554** pounds of food donated to 22,339 patients and providers (a \$63,585 value)
- **3,566** volunteer hours
- **416** Farm Share members, with **250** of those members participating for free in our Farm Share Assistance program because of food insecurity
- **21** partner farms

## Events and participants

### ANN ARBOR

- **80** tours, events and presentations for a total of **3,456** participants

### OAKLAND

- **31** tours, events, presentations and outreach programs with **1,396** total participants

## Special partnership with Trinity Health IHA Medical Group

- **Over 800** colleagues received a free Farm Share box

“ Great idea with putting together the vegetable boxes. Beautiful variety. Very much appreciated. Thank you very much. ”

- Lynn S., Trinity Health IHA Medical Group colleague

“ Thank you for feeding my family. ”

- Vanessa R., Farm Share Assistance Member



# Our Impact: Food Assistance

The **Farm Share Assistance program** reduced food insecurity by providing free, 36-week memberships to 250 families in need. Each week, participants received a box of locally grown produce. Participants reported that both they and their children eat more fruits and vegetables.

“Being a part of the Farm Share (Assistance Program) was the highlight of my summer. I have so enjoyed a world of vegetables and have had the best time in my kitchen all summer long! I feel better than I ever had and my blood work just came back great! I can’t thank you enough for what you offer through The Farm.”

- Farm Share Assistance Member at Oakland

Her provider helped her apply for a spot in the program after identifying a need for food assistance.

In addition to produce from a Farm Share membership, Farm Share Assistance participants can also get shelf-stable foods from the Ann Arbor Farm’s **new Food Pantry**, which is supported by Food Gatherers. We distributed 4,569 pounds of food in 2022.

“I am thankful to be able to access the pantry when I get my share.”

- Farm Share Assistance member

In partnership with Jewish Family Services and Food Gatherers, the **Good Food Box program** delivers healthy groceries to 80 people who are homebound, food insecure and have a chronic health condition. Participants also receive Community Health Worker support to address social needs such as housing, transportation, and utility assistance.

“I’m eating a lot healthier. It’s easier for me to get proper stuff as a diabetic.”

- Ronald, Good Food Box participant

Providers love our **Produce to Patients program**:

“Patients make appointments on Wednesdays because they don’t want to miss this opportunity. They really appreciate the fresh produce.” In 2022, we donated 15,554 pounds of food to 22,339 patients and providers (a \$63,585 value).



- (1) Our Food Pantry is getting an upgrade in 2023, thanks to a generous gift from Domino’s. Soon we will have more shelf space and a refrigerator.
- (2) Community Health Worker, Felipe, with a week’s worth of healthy groceries and the kitchen kit all Good Box program participants receive.
- (3) Oakland intern, Rachel, shows the Produce to Patients mini fridge, where patients are free to take what they need.





## Our Impact: Food Assistance

### Bright Futures Family Cooking Club

A partnership with Eastern Michigan University Bright Futures, provided 874 free Farm Share boxes to over 130 students in the Ypsilanti Public Schools. Students also received kitchen kits (pictured), weekly healthy eating education and hands-on preparation skills.

### Ypsilanti Family Empowerment Program (YFEP)

Funding from the American Heart Association paid for 300 Farm Share boxes to be delivered to community residents supported by YFEP living at Parkridge, Sauk Trail Pointe, Hollow Creek and Towner communities.

### Lifestyle Medicine Healthy Families: Nutrition Buddies

A program of Trinity Health Ann Arbor's Lifestyle Medicine department, this two-way learning program connects medical residents with 11-14 year olds for culinary and nutrition education. Thanks to support from the Michigan Health Endowment Fund, the Lifestyle Medicine department was able to purchase 12-week Farm Share memberships and one week of farm summer camp for every youth participant.

## Our Impact: Patients

Our **Handicap Accessible Hoop House** is a great place for our therapists to connect with patients.

“Volunteering at The Farm Share has provided opportunities for patients to carry over techniques learned in the clinic to a real-world setting.”

- Trinity Health Therapist

Our **Growing Compassion Gardens** generate hundreds of bouquets of farm-fresh flowers to donate to patients and providers. In Oakland, the garden is open for visitors and patients to pick their own flowers.

“I spent an hour in the cut flower garden enjoying the flowers and cutting them to bring home and care for them for my 70th birthday! All of the flowers in my kitchen made me feel like I was cooking in a garden.”

- Dorothy Monahan



(1) A dedicated group of volunteers cut and arranged bouquets all summer at the THAA farm.

(2) Dorothy with her cut flowers at the THOA farm for her seventieth birthday celebration.



## Our Impact: Community

The **Farm Share** program connects our community members more closely to where their food comes from. Members report eating healthier and improving their relationship with food. In 2022, survey respondents said that as a result of the Farm Share program 77% tried new fruits and vegetables, 56% said they ate more servings of fruits and vegetables, and 85% said they ate a greater variety of fruits and vegetables.

We increase access to produce for colleagues and community members alike with our in-hospital farm stands. We sold produce from both our farms as well as from our partner farms in 2022.

Our **Education Programs** serve people of all ages. Our summer camp is a perennial favorite.

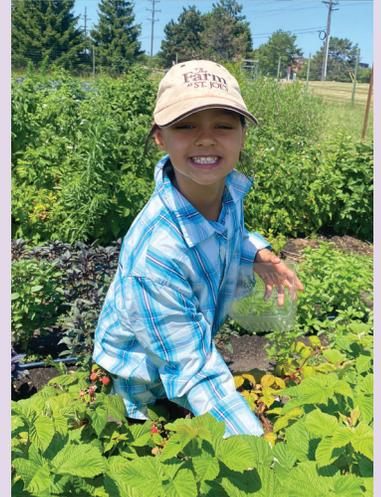
“ I’ve been in the Farm Share for three years, and it just keeps getting better and better. The variety, the organization, it’s just so good. ”

- Kat T., Farm Share Member



“ I don’t know what you’re doing over there, but this is the happiest my kid has been all summer. ”

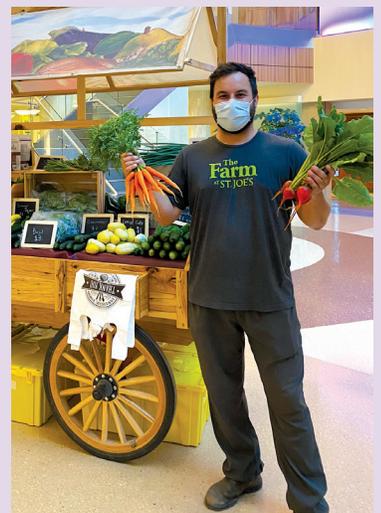
- Summer Camp Parent



(1) Alison Shores, Food Program Coordinator, packing Farm Share boxes at the Food Hub.

(2) Farm Share youngster enjoying the U-pick raspberry patch.

(3) Will, farmer, shows off beautiful carrots at the Ann Arbor farm stand.



# Our Impact: Community

We are pleased to host three paid interns every year. Our **internship program** gives participants the opportunity to learn new skills including, farming, youth education and volunteer management.

“**Interning at The Farm was an incredibly valuable and formative experience. I had the opportunity to explore different interests and responsibilities that helped me narrow down, as well as discover what I want to do with a career in public health. My internship showed me the power that food has to improve people's welfare and create community connections. I hope to grow healthy communities, as The Farm does, throughout my professional future.**”

- *Libby Daberko, Ann Arbor Intern*

**Volunteers** are the heartbeat of both of our Farm programs. In 2022, volunteers donated 3,566 hours to help us grow and serve our community.

“**The thing I love about volunteering at The Farm is that all people are welcome, regardless of skill level. The staff find meaningful tasks for everyone. They also seem to really like working together, and that makes it a warm and welcoming experience.**”

- *THAA volunteer*



- (1) Ann Arbor interns, Alexis and Libby, show off the fresh produce at the farm stand in the main hospital lobby.
- (2) Volunteers learn skills like how to use our seeder.
- (3) Summer Youth Employment Program participants harvest green beans and helped at THOA weekly for 8 weeks.
- (4) Katelyn, Oakland Manager, and Rachel, intern, laugh as they collect service berries.





## Our Impact: Farmers

We strive to create opportunities to support our local farmers. This entails partnering with them on our collaborative **Farm Share**, which generated over \$200,000 for local farms this year, providing training and support as they grow to meet our demand; and making it easy to participate! Additional programs generated another \$90,000 for our partner farms in 2022.

“ Having a reliable commitment from customers at the scale of The Farm from year-to-year has helped us prove our income enough to access capital needed to purchase and develop our new farm. ”

- Lindsay Steele, Garden Fort

“ As a newly established farm, it is part of our mission to provide community members access to locally grown, nutrient-dense food. Trinity Health Oakland’s Farm Share program is a wonderful outlet for us to share what we grow, knowing that it will have a direct benefit to those who need it. Farm managers Katelyn and Chelsea are collaborative and supportive of small farms like ours. We look forward to continuing this valuable partnership in the future. ”

- Michael & Sarah Palmer, Bass Root Farm



Our farmers make deliveries 36-weeks a year.

## Thank You to Our Donors



A transformational memorial gift from the **Ebeid Family Foundation** was given to name the Kimberly Ebeid Pavilion at The Farm at Trinity Health Oakland. This meaningful leadership gift celebrates Kimberly's life and honors her passion for helping others, her love of gardening, and the value she placed on nutritious food as part of a healthy lifestyle. The Pavilion is key to The Farm's initiatives leading education and food programs, hosting community gatherings, and building community partnerships. The Ebeid Family Foundation's ongoing commitment reflects

the family's gratitude for remarkable patient care as well as their generous spirit, which began with beloved patriarch, the late Russell J. Ebeid. Trinity Health Oakland is thankful for the Foundation's ongoing dedication to our mission.

“ I give to Trinity Health in large part due to their mission to provide whole person wellness to the Ann Arbor/Ypsilanti community. Alonzo Lewis, president for Trinity Health Ann Arbor and Livingston, and his team are passionate about making the hospital experience world class in every way. I love The Farm at Trinity Health Ann Arbor for providing community members with healthy, farm-grown food along with educating people (including many kids who have never eaten plant-based foods) on how to grow vegetables and how to prepare them. Trinity Health Ann Arbor is working to help make our community healthier and more productive. I love this. ”

– Steve Sarns

A generous gift from **Neil and Linda Carolan** is building on the progress of The Farm by supporting our Farm Share program with a focus on education for underserved families. We are grateful to the Carolans for sharing our vision. Their gift will help ensure the continued vibrancy of the Farm, improve health equity, and allow individuals and families in our communities to establish a healthy lifestyle.



“ We wanted to support the healing mission of Trinity Health Ann Arbor and The Farm encompasses what makes Trinity Health truly unique. Our investment in The Farm was inspired by the forward-thinking work being done there, which is having a direct and powerful impact on individual and community health. ”

– Neil and Linda Carolan



Members of DTE Energy Team, including Pina Vyas, Director of Electric Marketing (far right), who volunteered at The Farm at Trinity Health Ann Arbor, prepped and packed hundreds of Farm Share boxes – the team is seen here holding samples of the fresh, nutritious food.

We thank DTE Energy for a generous philanthropic **gift of more than \$14,000** for The Farms at Trinity Health Ann Arbor and Oakland, which helped provide Farm Shares at no cost to community members experiencing food insecurity. Following the donation, **DTE volunteers boxed 467 shares of food – totaling 4,771 pounds of fresh, local produce and 2,162 pantry items** – that went to those in need of a healthy Thanksgiving meal.

“DTE is proud to support The Farms at Trinity Health Ann Arbor and Trinity Health Oakland to provide members of our communities with affordable, nutritious and dependable food. The Farms’ community-based programs tie together our commitment to human needs, the environment and community transformation to make an impact with customers across our service territory.”

- Lynette Dowler, DTE Vice President of Public Affairs



## Additional Donor Thanks and Partnership Opportunities

Together, generous support at every level makes an impact on our farms’ mission and those we serve.

In 2022, 60 individuals, foundations, and corporations invested in The Farm with more than **\$355,000 in gifts and grants**, with added **funding from Trinity Health of \$196,576**. 100% of these funds went into programs and projects that benefited the community.

Your ongoing investment in The Farm will support efforts that heal body, mind and spirit.

**Nutrition Security and Food Programs** – Our popular food programs create access to fresh healthy produce and staple pantry items, especially for our underserved communities.

**Education, Well-being and Therapy** – Life-changing experiences happen through our youth camps; cooking classes and gardening opportunities; and summer internships. Additionally, The Farm’s Accessible Hoop House is available for those using wheelchairs.

**Agriculture Projects** – Initiatives like planting garden beds, installing new crop growing spaces, and purchasing organic compost and seeds support a vibrant, regenerative farm.

**The Farm’s Footprint** – Capital projects procure equipment and build new spaces like a permanent outdoor classroom or community garden.

**The Susan Weinstein Alberts Endowed Farming Fund** – Interest from the fund provides ongoing support for The Farm at Trinity Health Oakland and helps to build on the progress of our food programs; outdoor and therapeutic activities; healing atmosphere at the hospital; and community partnerships.

There are a number of ways you can make a gift to The Farm. Many supporters give annually online or in response to our mailings; they make direct gifts by check or credit card or through multi-year pledges; some reduce taxable income through a charitable IRA rollover; other donors choose The Farm as a meaningful beneficiary of their estate. Recognition and naming opportunities are available.

To learn more about the impact your giving can make, please contact:

- **Craig Peiser**, Director of Major Gifts | [Craig.Peiser@trinity-health.org](mailto:Craig.Peiser@trinity-health.org)
- **Jill Schubiner**, Gift Officer | [Jill.Schubiner@trinity-health.org](mailto:Jill.Schubiner@trinity-health.org)
- **Melissa Sheppard**, Regional Director of Corporate and Foundation Philanthropy | [Melissa.Sheppard@trinity-health.org](mailto:Melissa.Sheppard@trinity-health.org)



OR, make your gift today by scanning the QR code or visiting: [TrinityHealthMichigan.org/FarmDonate](https://TrinityHealthMichigan.org/FarmDonate)

## DONORS & GRANTORS

### ANN ARBOR

*A special thanks to the following supporters for making a commitment to The Farm at Trinity Health Ann Arbor. †*

#### \$25,000 and above

Neil and Linda Carolan

#### \$15,000 - \$24,999

Herbert & Karla Linkner  
Mr. and Mrs. Steven  
W. Sarns

#### \$5,000 - \$14,999

Domino's  
DTE Energy  
Alex, Joanne &  
Sarah MacDonald

#### \$1,000 - \$4,999

Dr. Harry Anderson, III  
Mr. Daniel J. Barry and  
Dr. Kay L. Wilson  
Michael & Betty Gusho  
Alonzo & Suzanne Lewis  
Lisa McDowell  
Ms. Amanda Sweetman

#### \$250 - \$999

Dr. Cherise Callahan  
Mr. Robert N. Cutler and  
Ms. Darlene Wahlberg  
Mr. Joseph Quass

#### Up to \$249

Ms. Sara K. Boyd  
Mrs. Janel Culbertson  
Ms. Catherine Daligga  
Dr. and Mrs. Corey Richard Dean  
Drs. Macy and Karsten Flegner  
Ms. Shirley Kadoura  
Ms. Janine M. Mueller  
Mr. Tom Progar  
Reverend Theresa Rohlck  
Ms. Maureen A. Sturgis  
Ms. Elizabeth A. Thompson

#### In-Kind Gifts

Michael Adsit - Michigan  
Organic Growers  
DTE Energy  
Goetz Family Farm  
and Greenhouse  
Mark Prielipp Greenhouse  
& Mohr  
Zilke Vegetable Farm

#### Volunteers

For sharing hands and hearts

### OAKLAND

*A special thanks to the following supporters for making a commitment to The Farm at Trinity Health Oakland. †*

#### \$250,000 and above

Ebeid Family Foundation

#### \$25,000 - \$50,000

Dr. Hal Learman and  
Charles A. Pokriefka, Jr.  
Ralph L. and Winifred  
E. Polk Foundation  
Dr. Ross L. Weinstein

#### \$15,000 - \$24,999

The Arbuckle Family  
Mr. and Mrs. John Bueno  
Children's Foundation  
Dr. Fabian & Loreta Fregoli  
Mr. and Mrs. James  
E. Henderson

#### \$10,000 - \$14,999

The Richard C.  
Devereaux Foundation  
Sandra Lyness, PhD  
Ane J. McNeil  
Dr. Donald Overy - in  
memory of Elsie Overy

#### \$5,000 - \$9,999

DTE Energy  
The Serra Family Foundation

#### \$1,000 - \$4,999

Ms. Maureen Carruthers  
Mr. Gordon Elliott  
Ms. Linda Elliott  
Mrs. Bonnie Fultz  
Michael & Betty Gusho  
United Wholesale  
Mortgage, LLC  
Dr. and Mrs. Ronald L.  
VanderMolen

#### \$250 - \$999

Ms. Karen Darnton

#### Up to \$249

AMT Services  
Dr. Judy Didion  
Mrs. Laurie LeBlanc  
Mrs. Kathleen Mollo  
Ms. Dorothy Monahan  
Mr. Michael Ongena  
Ms. Ann Pattock  
Ms. Bridget Pudelek  
Ms. Donna Raphael  
Ms. Jill Schubiner

#### In-Kind Gifts

DTE Energy  
Dr. Hal Learman and  
Charles A. Pokriefka, Jr.  
United Wholesale  
Mortgage, LLC

#### Volunteers

For sharing hands and hearts

*† Recognizing support from  
January 1 – December 31, 2022*

## Get Involved and Join Us

**ANN ARBOR** | 5557 McAuley Drive, Ypsilanti • 734 712 HOOP (4667) • [TheFarm@trinityhealth.org](mailto:TheFarm@trinityhealth.org)

**OAKLAND** | 44555 Woodward Avenue, Pontiac • 248-858-6375 • [OaklandFarm@trinityhealth.org](mailto:OaklandFarm@trinityhealth.org)

**FARM SHARE** | [TrinityHealthMichigan.org/FarmShare](http://TrinityHealthMichigan.org/FarmShare)

**DONATE** | [TrinityHealthMichigan.org/FarmDonate](http://TrinityHealthMichigan.org/FarmDonate) • 734 712 4040

**VOLUNTEER** | [TrinityHealthMichigan.org/FarmVolunteer](http://TrinityHealthMichigan.org/FarmVolunteer)

**FIND US ON SOCIAL MEDIA** @TheFarmAtTrinityHealthAnnArbor • @TheFarmAtTrinityHealthOakland



[TrinityHealthMichigan.org/TheFarm](http://TrinityHealthMichigan.org/TheFarm)

THMI W05017-2303 BF