

## TRINITY HEALTH CANCER CENTERS ANN ARBOR • BRIGHTON • CANTON CHELSEA • LIVONIA • OAKLAND

2023-24
ONCOLOGY
ANNUAL REPORT



## **Dear Friends**

The last year has brought exciting growth and opportunities to advance our oncology program. We have expanded our services, added new providers and welcomed new patients. Each day, we offer quality care to our community. Our participation in clinical research continues to offer groundbreaking treatments to our patients. We have also expanded our patient support programs, ensuring that individuals and families facing cancer receive the comprehensive care and emotional support they deserve.

We are proud of the impact we make on the lives of our patients. Offering a multidisciplinary approach to care allows us to support our patients on each step of their journey. **Thank you for letting us care for you.** 

The dedication of our staff, the passion of our physicians, our clinical and research teams, and the support of our donors have played a crucial role in our success. Together, we have offered hope and healing to countless individuals and families. We also want to thank our donors for their generosity and for continuing to support our Mission. Regionally, our cancer teams have been at the forefront of cutting-edge research, patient care and community outreach. This would not be possible without your unwavering commitment and generous contributions.

Once again, thank you for your generosity. Together, we are making a profound difference in the lives of so many. We invite you to review this report and consider supporting our work through gifts of time, funding and support.

Daniel Lawson

Daniel Lawson, MBA, BSRT

Executive Director, Oncology
Trinity Health SE Michigan Region

Kathleen Beekman, MD

Kathleen Beekman

Medical Director, Oncology Trinity Health SE Michigan Region

#### **FACILITIES**

cancer centers across 5 hospitals



colleagues



Over

**STAFF** 

providers



### **ANNUAL PATIENT VISITS & TREATMENTS DELIVERED**

5,400+





120,000

patient visits in our cancer centers

### **CANCER RESEARCH & CLINICAL TRIALS**



\$3.3 million

annually from **National Cancer Institute National Community Oncology Research Program** 

**500** patients enrolled annually



110+ active protocols



investigators

106

research staff

affiliate sites across 5 health systems in 3 states that we manage for clinical trials



Over 25,000

**Radiation Treatments** 





Over 40,000 **Infusion Therapies** 



Over 2.000

Surgeries

## SUPPORT SERVICES PROVIDED TO PATIENTS



\$1.4 million

Total cost of providing support services in 2023

\$40,000

transportation services provided to patients

In the past year, philanthropy helped to provide nearly 700 patients with over 2,200 rides. Support cancer care transportation with a gift.







## **Spotlight** | Support Services

Trinity Health Michigan is proud to offer some of the most advanced cancer treatment options available, including innovative therapies available only through national cancer clinical trials. We offer a broad range of clinical trials for treatment or symptom management, some of which are only available in the nation's premier cancer programs. In addition, Trinity Health Michigan understands that the needs, experiences and goals of each patient are unique. As a result, we have developed and made available a wide offering of support services to care for the whole patient.

### **MEDICAL ONCOLOGY**

Treatment through medicine, including chemotherapy, hormonal therapy, biological therapy, immunotherapy and targeted therapy.

### **RADIATION ONCOLOGY**

Treatment through carefully targeted and regulated doses of high-energy radiation.

#### **SURGICAL ONCOLOGY**

Diagnosis and treatment through surgery, including biopsy and surgical removal of tumors.



## **Doing Good, Together | Impact of Giving**

## SUPPORT SERVICES DESCRIPTIONS

Our **Financial Navigators** specialize in assisting with authorizations for treatment and connecting those who need assistance with programs that will help with their cost of care.

Through our **Genetic Counseling** services, we help patients understand their risks for inherited cancers and those associated with family and personal health, social and environmental history. Specific mutations in DNA can indicate a higher risk for certain cancers and inform treatment plans. Our cancer teams develop a personalized approach to prevention, screening and treatment for each patient.

The **Inspirit Salon & Spa** helps with the effects that treatment can have on a patient's appearance, providing head covers, wig fitting, mastectomy prosthetics and oncology massage. Our team assists with wig fitting and styling, prosthesis selection, skin care and therapeutic massage in a healing environment designed with patients in mind. Gifts help to provide these services at reduced-cost or free to those who would otherwise go without.

Nurse Navigators are specialized nurses who help guide patients through scheduling and understanding the multidisciplinary team approach, answering questions, providing education and connecting patients to resources.

Nurse Navigators are the first contact to 4,500 patients each year, supporting them through diagnosis and into survivorship.

Oncology-trained **Dietitians** possess the knowledge and skills to address nutrition and hydration requirements and are uniquely trained to address treatment-related symptom management and nutrition support.

Free counseling sessions are offered to patients and their families, funded 100% through philanthropy. Our **Oncology Counseling Services** are provided in partnership with the Cancer Support Community (CSC) of Ann Arbor. Since it was established, patients have received adjustment to illness counseling, and emotional and social support through over 1,000 counseling visits per year and 2,500 patient visits to CSC per year.

Palliative Care is an approach to health care that focuses on symptom management and relief of suffering. It is designed to help provide the highest quality of life possible for people with serious illness.

Physical Therapy, occupational therapy and speech therapy help improve or maintain patient function and manage lymphedema.

The Michigan Cancer Research Consortium is a comprehensive clinical trial program that consists of medical centers that have met the highest standards of excellence in conducting cancer clinical trials.

Oncology Social Workers are knowledgeable about cancer and the psychosocial effects of the disease, treatment and survivorship.

Oncology Chaplains honor the traditions and customs of people from all religions while promoting holistic healing through spiritual services. Support for our Oncology Chaplaincy program helps provide faith- based and non-denominational support to help draw on spiritual strength throughout the cancer journey.

Support Groups and educational classes are available to patients and their family members.

(13) Certified **Tobacco Treatment** Specialists help patients quit smoking safely and comfortably.

Each of our cancer centers and the patients we serve benefit from the generosity of our philanthropic supporters. Giving has enabled us to build and renew our cancer centers and enhance the patient experience with the latest treatments, groundbreaking research, a healing environment and support services. Our patients rely on us for support services that heal the body, mind and spirit. These valuable services are not often covered by insurance, and philanthropic giving makes them possible.



## Thank you to everyone who makes a difference through giving.

"Our physicians and staff commit each day to doing good.

This is a special place to work, and we appreciate our donor partners help in making the work we do possible."

- Kathleen Beekman, MD Medical Director of Oncology, Trinity Health Michigan

## 2023 | Patient Stories

## Carol Blum's Shining Example of Helping Patients

Carol Blum's can-do spirit is a shining example of how philanthropy helps patients. On the day patient Carol Blum celebrated being cancer free during her last appointment at our Robert H. and Judy Dow Alexander Cancer Center, she brought in a donation to her physician Kathleen Beekman, MD, Medical Director of Oncology, and Daniel Lawson, Executive Director of Oncology. Carol, who had stage three inflammatory breast cancer, was so grateful for the expert, compassionate care she received, she decided to donate the proceeds of her successful annual can/bottle drive to our cancer center to help her fellow patients.

Since then, Carol has made our cancer center the beneficiary of her annual drive and recently named the cancer care support service program in her estate plans. Carol is especially inspired by the Transportation Program, having formerly served as a volunteer, driving patients to treatment. We are grateful to Carol and all our philanthropic supporters whose generosity sustains our healing mission.



Carol Blum, patient and donor with Daniel Lawson, Oncology Executive Director

66 I wanted to thank the cancer care team for saving my life and for all the good work they do every day. Giving back was healing for meit seemed like the right thing to do to help other patients get through cancer.

## Lisa Cummins: Caregiver and Oncology Nurse

Lisa Cummins' journey with cancer started when her mom was diagnosed with breast and lung cancer in 1996. She was her mother's caregiver until 1999, when she passed away. Six months after her mother passed, Lisa was diagnosed with stage three breast cancer that required a total mastectomy, eight rounds of chemotherapy and 35 radiation treatments. "I asked my oncologist my prognosis and she just said go and live every day. At the time, I was 35 and that's not really the answer I was looking for," Cummins said.

Lisa decided after her treatment, she wanted to give back. Cummins started working on her nursing degree in her early 40s and then started working at St. Joe's, now Trinity Health Ann Arbor Hospital, on the oncology floor. She then moved to the infusion clinic, where she still works as an oncology nurse. Cummins felt connected to the hospital after watching her mother receive treatment there in her home city.

"I often see patients who I've grown up with or it's their family members and I just feel very honored to be able to give back to my own community and the people that have been a part of my life for many years," Cummins said.

Lisa has also become involved with the American Cancer Society, Relay for Life, Making Strides and the Oncology Nursing Society (ONS), serving as chair for the Ann Arbor ONS board. In 2019, Cummins began working as an advocate for cancer patients. She has attended several different conferences to learn how to advocate and how to talk to legislators. Cummins has traveled to Washington D.C. to meet with national House Representatives about national legislation that will benefit cancer patients.

Most recently, Cummins traveled to Lansing, Michigan with other oncology nurses to meet with Michigan state senators to advocate for the Oral Chemo Fairness Bill. This bill ensures that the oral chemotherapy pills are in the same category as IV chemo treatment, meaning whichever is prescribed can be paid with a copay.

Cummins emphasizes the importance of yearly mammograms, the best way to detect breast cancer early. "They do save lives. It's imperative to stay on top of that and get your yearly mammograms," Cummins



Left to right: Lisa Cummins with Senator Jeff Irwin and colleague, Karen Bylski, RN in Lansing.

**said**. Talk with your primary care physician about what age to start yearly mammograms, especially if you have a family history of cancer. An early cancer diagnosis is when it is most treatable.

<sup>-</sup> Carol Blum, patient and donor

## Help Us Make a Difference In Our Patients' Lives

A special thanks to the following supporters for making a commitment to Doing Good, Together for Trinity Health Cancer Centers:

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