

Welcome!

We are pleased that you have chosen our practice for your healthcare needs. Caring for you is our privilege. Enclosed are several informational items that will acquaint you with the practice and provide useful information about your care with us. We encourage you to take a few minutes to look through the information provided. If you have any questions or concerns, please feel free to call a member of our staff at the main practice phone number. Please refer to the enclosed practice brochure for location information. Additionally, our website has been designed to assist patients with frequently asked questions and directions to our locations. Visit us at IHAcares.com.

In preparation for your appointment, please:

- complete the enclosed new patient forms located on the right-hand side of your packet.
- be sure to bring the listed items to your appointment, outlined in this packet.
- plan to arrive to your appointment 15 minutes early, in order to complete the patient registration process.

Please note that minor children (under 18 years of age) must be accompanied by a parent, or legal guardian, for most services, unless we have written consent on file. If you wish to have a minor consent on file, please complete the enclosed form and bring it with you to your appointment.

We accept most common insurance plans. We are happy to submit the claim to participating insurance companies. If we do not participate with your carrier, or your services are not covered, you will be responsible for your balance at the time of service. Please understand your coverage prior to your visit. If you have any billing questions, our reception staff will be happy to assist you.

Again, thank you for choosing IHA Medical group. We look forward to providing you with superior care and service. Please contact our office if you have any further questions prior to your appointment.

Sincerely,

IHA Medical Group Providers & Staff



Missed Appointment Policy

Dear Patient.

We strive to create as many appointments as possible for our physicians and nurse practitioners so that we can provide all the services needed by our patients. We need the help of our patients to make our system work. We know and understand how busy everyone's lives are and we know plans change. We would like the courtesy of a call if an appointment cannot be kept.

It is our policy that any scheduled appointment be canceled with at least 24 hours notice to the appointment time except in the case of an unforeseen emergency.

If an appointment is canceled, we will do our best to give our patient the next available appointment time for the type of visit required.

If you fail to keep an appointment, our office will send a letter notifying you of the missed appointment and the missed appointment will be noted in your chart. There will be no charge for one missed appointment. However, in the event of a second and third missed appointment or late notice of cancel, there will be a charge of \$39. Three missed appointments may cause dismissal from our practice.

Please understand this policy will not affect those patients who keep their appointments. In an office with many missed appointments we are trying to accommodate those patients that need to be seen in our office. We look forward to your anticipated understanding and cooperation.

Sincerely,

IHA Medical Group Providers & Staff

Patient Financial Obligations

IHA is dedicated to providing the best possible care and service to our patients in a cost-effective manner. We regard the patient's prompt handling of their financial responsibility as essential to ensure that we can provide quality services. In order to accomplish this, we depend upon prompt payment for the services we provide. To reduce any misunderstanding or confusion, we have adopted the following policy.

Payment options if you have insurance:

IHA has made prior arrangements with most insurance companies and health plans to accept assignment of benefits. We will file a claim with all insurance companies we participate with. Please be advised that unreported changes in medical insurance could result in billing delays, rejections and personal responsibility for the services provided.

Financial Responsibilities:

- **A.** You will need to pay your deductible, co-pay and any determined out-of-pocket portions at the time of service. Unpaid co-pays will be reported to your carrier since this is a requirement of your insurance plan and may affect your insurance coverage.
- **B.** Bring your current insurance information to each visit. Failure to provide complete and accurate insurance information may result in patient responsibility for the entire bill. It is your responsibility to understand your insurance benefits to include deductible amounts.
- **C.** If your health plan considers the service to be a "non-covered" benefit, you will be responsible for the charges at the time of service. If we are unable to verify coverage, you will be asked to sign a waiver (written acknowledgement) that these charges may not be covered, and you will be responsible for prompt payment of all uncovered services.
- **D.** You should understand that your failure to meet your financial obligations to IHA may include (but is not limited to) additional actions such as written correspondence, collection activities, reporting to outside credit bureaus and termination of your patient relationship with IHA.

Payment options if you have no insurance:

Payment is expected on the day that treatment is rendered unless prior arrangements have been made. You can pay by cash, check, MasterCard, VISA or Discover. Alternative payment plans may be available for those patients who qualify (when made prior to your appointment). You may inquire about this with an IHA financial representative at your office.

Patient Appointments: We make every effort to see our patients promptly, likewise we ask that you arrive 15 minutes before your scheduled time to register and complete paperwork so that your arrival time does not impact our ability to keep our scheduled times with you or other patients. Note that patients who are sick or have a serious problem often need to be seen on the same day. The office reserves the right to charge for "missed appointments", and you should be familiar with our missed appointment policy. We ask that patients call the office promptly if you expect to be a late arrival, are unable to keep an appointment, or need to reschedule.

Minors: The parent(s) or guardian(s) accompanying a minor are responsible for payment. Minors must be accompanied by a parent or legal guardian to be treated. Any exception requires the parent or legal guardian to provide IHA, prior to treatment, a signed "Authorization" to provide medical treatment.

Monthly Statement: If you have a balance on your account, you will be billed promptly. It will show separately the patient balance due for each visit. The total amount due from you will be summarized at the bottom of the statement. Unless we approve other arrangements in writing, the balance on your statement is due upon receipt.

Billing Fees: Any balances not paid upon receipt of your statement will be assessed a monthly **late charge** at the rate of 1.5% of the outstanding adjusted balance of your account. The adjusted balance is determined by taking the patient balance owed at the end of the previous billing cycle and subtracting all payments and credits received during the present billing cycle. Collection Fees of \$33 per transaction will be assessed for returned or NSF checks. Further collection activity and late charges can be avoided by the timely payment of your account.

PLEASE READ THE ABOVE PATIENT OBLIGATIONS AND AGREE TO FOLLOW THIS POLICY. FURTHER, UNDERSTAND THAT FINANCIAL ASSISTANCE IS AVAILABLE TO YOU UPON REQUEST. PLEASE CONTACT AN IHA FINANCIAL ADVOCATE TO ASSIST YOU AT: (734) 997-7700.

Effective Date: April 14, 2003 Revised: May 23, 2022

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Trinity Health Michigan (THMI) is required by the Health Insurance Portability and Accountability Act of 1996, and the Health Information Technology for Economic and Clinical Health Act (found in Title XIII of the American Recovery and Reinvestment Act of 2009) (collectively referred to as "HIPAA"), as amended from time to time, to maintain the privacy of individually identifiable patient health information (this information is "protected health information" and is referred to herein as "PHI"). We are also required to provide patients with a Notice of Privacy Practices regarding PHI. We will only use or disclose your PHI as permitted or required by applicable state law. This Notice applies to your PHI in our possession including the medical records generated by us. THMI understands that your health information is highly personal, and we are committed to

This Notice applies to the delivery of health care by THMI and its medical staff in the main hospitals, outpatient departments, clinics, home care and hospice programs, system-owned physician practices, and pharmacies. This Notice also applies to the utilization review and quality assessment activities of THMI as a member of Trinity Health, a Catholic health care system with facilities located in multiple states throughout the United States.

safeguarding your privacy. Please read this Notice of Privacy Practices thoroughly. It describes

I. Permitted Use or Disclosure

how we will use and disclose your PHI.

- A. Treatment: THMI will use and disclose your PHI to provide, coordinate, or manage your health care and related services to carry out treatment functions. The following are examples of how THMI will use and/or disclose your PHI:
 - To your attending physician, consulting physician(s), and other health care providers who have a legitimate need for such information in your care and continued treatment.
 - ii. To coordinate your treatment (e.g., appointment scheduling) with us and other health care providers such as name, address, employment, insurance carrier, etc.
 - iii. To contact you as a reminder that you have an appointment for treatment or medical care at our facilities.
 - iv. To provide you with information about treatment alternatives or other health-related benefits or services.
 - v. If you are an inmate of a correctional institution or under the custody of a law enforcement officer, THMI will disclose your PHI to the correctional institution or law enforcement official.
- **B. Payment:** THMI will use and disclose PHI about you for payment purposes. The following are examples of how THMI will use and/or disclose your PHI:
 - i. To an insurance company, third party payer, third party administrator, health plan or other health care provider (or their duly authorized representatives) for payment purposes such as determining coverage, eligibility, pre-approval / authorization for treatment, billing, claims management, reimbursement audits, etc.
 - ii. To collection agencies and other subcontractors engaged in obtaining payment for care.
- C. Health Care Operations: THMI will use and disclose your PHI for health care operations purposes. The following are examples of how THMI will use and/or disclose your PHI:
 - For case management, quality assurance, utilization, accounting, auditing, populationbased activities relating to improving health or reducing health care costs, education, accreditation, licensing, and credentialing activities of THMI.
 - ii.To consultants, accountants, auditors, attorneys, transcription companies, information technology providers, etc.
- D. Other Uses and Disclosures: As part of treatment, payment, and health care operations, THMI may also use your PHI for the following purposes:
 - i. Fundraising Activities: THMI will use and may also disclose some of your PHI to a related foundation for certain fundraising activities. For example, THMI may disclose your demographic information, your treatment dates of service, treating physician information, department of service and outcomes information to the foundation who may ask you for a monetary donation. Any fundraising communication sent to you will let you know how you can exercise your right to opt-out of receiving similar communications in the future.
 - ii. Medical Research: THMI will use and disclose your PHI without your authorization to medical researchers who request it for approved medical research projects. Researchers are required to safeguard all PHI they receive.
 - iii. Information and Health Promotion Activities: THMI will use and disclose some of your PHI for certain health promotion activities. For example, your name and address will be used to send you general newsletter or specific information based on your own health concerns.
- E. More Stringent State and Federal Laws: The State law of Michigan is more stringent than HIPAA in several areas. Certain federal laws also are more stringent than HIPAA. THMI will continue to abide by these more stringent state and federal laws.

- i. More Stringent Federal Laws: The federal laws include applicable internet privacy laws, such as the Children's Online Privacy Protection Act and the federal laws and regulations governing the confidentiality of health information regarding substance abuse treatment.
 ii. More Stringent State Laws: State law is more stringent when the individual
- ii. More Stringent State Laws: State law is more stringent when the individual is entitled to greater access to records than under HIPAA. State law also is more restrictive when the records are more protected from disclosure by state law than under HIPAA. In cases where THMI provides treatment to a patient who resides in a neighboring state, THMI will abide by the more stringent applicable state law.
- F. Health Information Exchange: THMI shares your health records electronically or otherwise with state-designated Health Information Exchange ("HIE") that exchange health records with other HIEs. THMI also uses data exchange technology (such as direct messaging services, HIPS, and provider portals) with its Electronic Health Record ("EHR") to share your health records for continuity of care and treatment. HIEs and data exchange technology also enable the sharing of your health records to improve the quality of health care services provided to you (e.g., avoiding unnecessary duplicate testing). The shared health records will include, if applicable, sensitive diagnoses such as HIV/AIDS, sexually transmitted diseases, genetic information, and mental health substance abuse, etc. HIEs and data exchange technology function as our business associate and, in acting on our behalf, they will transmit, maintain, and store your PHI for treatment, payment and health care operation purposes. HIEs and data exchange technologies are required to implement administrative, physical, and technical safeguards that reasonably and appropriately protect the confidentiality and integrity of your medical information. State law may provide you rights to restrict, opt-in, or opt-out of HIE(s). For more information, please contact THMI's Privacy Officer at 734.712.3577.
- II. Permitted Use or Disclosure with an Opportunity for You to Agree or Object
- A. Family/Friends: THMI will disclose PHI about you to a friend or family member who is involved in or paying for your medical care. You have a right to request that your PHI not be shared with some or all of your family or friends. In addition, THMI will disclose PHI about you to an agency assisting in disaster relief efforts so that your family can be notified about your condition, status, and location.
- **B. THMI Directory:** THMI may include certain information about you in a directory while you are a hospital patient at THMI. This information will include your name, location in THMI, your general condition (e.g., fair, stable, critical, etc.) and your religious affiliation. The directory information, except your religious affiliation, will be disclosed to people who ask for you by name. You have the right to request that your name not be included in THMI's directory. If you request to opt-out of the directory, we cannot inform visitors of your presence, location, or general condition.
- C. Spiritual Care: Directory information, including your religious affiliation, will be given to a member of the clergy, even if they do not ask for you by name. Spiritual care providers are members of the health care team at Trinity Health and may be consulted upon regarding your care. You have the right to refuse services offered by the Trinity Health Spiritual Care team. You also have the right to request that your name not be given to any member of the community (non-Trinity Health affiliated) clergy.
- D. Media Reports: THMI will release facility directory information to the media (excluding religious affiliation) if the media requests information about you using your name and after we have given you an opportunity to agree or object.
- III. Use or Disclosure Requiring Your Authorization
- A. Marketing: Subject to certain limited exceptions, your written authorization is required in cases where THMI receives any direct or indirect financial remuneration in exchange for making the communication to you which encourages you to purchase a product or service or for a disclosure to a third party who wants to market their products or services to you.
- B. Research: THMI will obtain your written authorization to use or disclose your PHI for research purposes when required by HIPAA.
- C. Psychotherapy Notes: Most uses and disclosures of psychotherapy notes require your written authorization.
- **D. Sale of PHI:** Subject to certain limited exceptions, disclosures that constitute a sale of PHI require your written authorization.
- E. Other Uses and Disclosures: Any other uses or disclosures of PHI that are not described in this Notice of Privacy Practices require your written authorization. Written authorizations will let you know why we are using your PHI. You have the right to revoke an authorization at any time.
- IV. Use or Disclosure Permitted or Required by Public Policy or Law without your Authorization
- A. Law Enforcement Purposes: THMI will disclose your PHI for law enforcement purposes as required by law, such as identifying a criminal suspect or a missing person or providing information about a crime victim or criminal conduct.



Scan here to read a digital copy.

- B. Required by Law: THMI will disclose PHI about you when required by federal, state, or local law. Examples include disclosures in response to a court order / subpoena, mandatory state reporting (e.g., gunshot wounds, victims of child abuse or neglect), or information necessary to comply with other laws such as workers' compensation or similar laws. THMI will report drug diversion and information related to fraudulent prescription activity to law enforcement and regulatory agencies.
- C. Public Health Oversight or Safety: THMI will use and disclose PHI to avert a serious threat to the health and safety of a person or the public. Examples include disclosures of PHI to state investigators regarding quality of care or to public health agencies regarding immunizations, communicable diseases, etc. THMI will use and disclose PHI for activities related to the quality, safety or effectiveness of FDA regulated products or activities, including collecting and reporting adverse events, tracking, and facilitating in product recalls, etc.
- D. Coroners, Medical Examiners, Funeral Directors: THMI will disclose your PHI to a coroner or medical examiner. For example, this will be necessary to identify a deceased person or to determine a cause of death. THMI may also disclose your medical information to funeral directors as necessary to carry out their duties.
- **E. Organ Procurement:** THMI will disclose PHI to an organ procurement organization or entity for organ, eye, or tissue donation purposes.
- F. Specialized Government Functions: THMI will disclose your PHI regarding government functions such as military, national security and intelligence activities. THMI will use or disclose PHI to the Department of Veterans Affairs to determine whether you are eligible for certain benefits.
- **G. Immunizations:** THMI will disclose proof of immunization to a school where the state or other similar law requires it prior to admitting a student.
- V. Your Health Information Rights

You have the following individual rights concerning your PHI:

A. Right to Inspect and Copy: Subject to certain limited exceptions, you have the right to access your PHI and to inspect and copy your PHI as long as we maintain the data. If THMI denies your request for access to your PHI, THMI will notify you in writing with the reason for the denial. For example, you do not have the right to psychotherapy notes or to inspect the information which is subject to law prohibiting access. You may have the right to have this decision reviewed.

You also have the right to request your PHI in electronic format in cases where THMI utilizes electronic health records. You may also access information via patient portal if made available by THMI.

You will be charged a reasonable copying fee in accordance with applicable federal or state law.

B. Right to Amend: You have the right to amend your PHI for as long as THMI maintains the data. You must make your request for amendment of your PHI in writing to THMI, including your reason to support the requested amendment.

However, THMI will deny your request for amendment if:

- i. THMI did not create the information;
- ii. The information is not part of the designated record set;
- iii. The information would not be available for your inspection (due to its condition or nature); or
- iv. The information is accurate and complete.

If THMI denies your request for changes in your PHI, THMI will notify you in writing with the reason for the denial. THMI will also inform you of your right to submit a written statement disagreeing with the denial. You may ask that THMI include your request for amendment and the denial any time that THMI subsequently discloses the information that you wanted changed. THMI may prepare a rebuttal to your statement of disagreement and will provide you with a copy of that rebuttal.

- C. Right to an Accounting: You have a right to receive an accounting of the disclosures of your PHI that THMI has made, except for the following disclosures:
 - i. To carry out treatment, payment, or health care operations;
 - ii. To you;
 - iii. To persons involved in your care;
 - iv. For national security or intelligence purposes; or
 - v. To correctional institutions or law enforcement officials.

You must make your request for an accounting of disclosures of your PHI in writing to THMI. You must include the time period of the accounting, which may not be longer than 6 years. In any given 12-month period, THMI will provide you with an accounting of the disclosures of your PHI at no charge. Any additional requests for an accounting within that time period will be subject to a reasonable fee for preparing the accounting.

D. Right to Request Restrictions: You have the right to request restrictions on certain uses and disclosures of your PHI to carry out treatment, payment, or health care operations functions or to prohibit such disclosure. However, THMI will consider your request but is not required to agree to the requested restrictions.

- E. Right to Request Restrictions to a Health Plan: You have the right to request a restriction on disclosure of your PHI to a health plan (for purposes of payment or health care operations) in cases where you paid out of pocket, in full, for the items received or services rendered.
- F. Right to Confidential Communications: You have the right to receive confidential communications of your PHI by alternative means or at alternative locations. For example, you may request that THMI only contact you at work or by mail.
- G. Right to Receive a Copy of this Notice: You have the right to receive a paper copy of this Notice of Privacy Practices, upon request.
- VI. Breach of Unsecured PHI

If a breach of unsecured PHI affecting you occurs, THMI is required to notify you of the breach.

- VII. Sharing and Joint Use of Your Health Information
 In the course of providing care to you and in furtherance of THMI's mission to improve the health of the community, THMI will share your PHI with other organizations as described below who have agreed to abide by the terms described below:
- A. Medical Staff. The medical staff and THMI participate together in an organized health care arrangement to deliver health care to you at THMI. Both THMI and its medical staff have agreed to abide by the terms of this Notice with respect to PHI created or received as part of delivery of health care to you in THMI. Physicians and allied health care professionals are members of THMI's medical staff will have access to and use your PHI for treatment, payment and health care operations purposes related to your care with THMI. The THMI will disclose your PHI to the medical staff for treatment, payment, and health care operations.
- B. Membership in Trinity Health. THMI and other members of Trinity Health participate together in an organized health care arrangement for utilization review and quality assessment activities. As a part of Trinity Health, a national Catholic health care system, THMI and other hospitals, nursing homes, and health care providers in Trinity Health share your PHI for utilization review and quality assessment activities of Trinity Health, the parent company, and its members. Members of Trinity Health also use your PHI for your treatment, payment to THMI and/or for the health care operations permitted by HIPAA with respect to our mutual patients. All members of Trinity Health have agreed to abide by the terms of this Notice with respect to PHI created or received as part of utilization review and quality assessment activities. Members of Trinity Health will abide by the terms of their own Notice of Privacy Practices in using your PHI for treatment, payment, or health care operations. Please go to Trinity Health's websites for a listing of member organizations at http://www.trinity-health.org/. Or, alternatively, you can call THMI's Privacy Official to request the same.
- C. Business Associates. THMI will share your PHI with business associates and their Subcontractors contracted to perform business functions on THMI's behalf, including Trinity Health which performs certain business functions for THMI.
- D. Your Health Care Providers and Care Coordinators. You receive care from THMI delivered in an integrated care setting, where patients are seen by several different providers and in several care settings as part of continuity of care and coordinated care delivery. THMI shares your PHI with other health care providers and care coordinators who work together to provide treatment, obtain payment, and conduct health care operations. Your PHI is shared electronically in multiple ways with providers involved in the delivery of care and care coordination. Your PHI may be shared via a direct connection to the electronic health record system of other providers. Your PHI may be shared in a health information exchange or via technology that enables downstream providers and care coordinators to obtain your information. Your PHI may be shared via secure transmission to other providers' inboxes.
- VIII. Changes to this Notice.

THMI will abide by the terms of the Notice currently in effect. THMI reserves the right to make material changes to the terms of its Notice and to make the new Notice provisions effective for all PHI that it maintains. The new notice will be available upon request, in our office, and on our web site. You can also ask THMI for a current copy of the Notice at any time.

IX. Complaints.

If you believe your privacy rights have been violated, you may file a complaint with THMI's Privacy Official. All complaints must be submitted in writing directly to THMI's Privacy Official You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/. THMI assures you that you will not be retaliated against for filing any complaint.

X. Privacy Official – Questions / Concerns / Additional Information. If you have any questions, concerns, or want further information regarding the issues covered by this Notice of Privacy Practice or seek additional information regarding THMI's privacy policies and procedures, please contact THMI's Privacy Officer: 5301 McAuley Dr, Ypsilanti, MI 48197,734.712.3577.



Patient Centered Medical Home

A Patient Centered Medical Home is health care focused on you, the patient. It is a partnership between you and your doctor. Your doctor leads a team of health care professionals committed to improving your overall health and to helping you reach your health goals. Your health team will be led by your primary care physician and may also include nurses, specialty physicians, a nutritionist, care managers and others depending on your needs. Instead of being treated for a problem here and there without making a connection between symptoms, the Patient Centered Medical Home focuses on connecting the dots and coordinating care. Do not hesitate to come to us with any questions you may have.

Join the MyChart Patient Portal

The MyChart Patient Portal offers patients electronic access to their health care information and a way to communicate with their physician's office that is convenient, safe and secure. The MyChart Patient Portal offers secure access to many important services.

As we move into the future, you may notice that:

- We ask you what your goals are, or what you want to do to improve your health or the health of your family member.
- We ask you to help us plan your or your child's care and let us know if you think you or they can follow the plan.
- We give you a written copy of the care plan.
- The care team members are actively involved in planning the care you receive.
- We remind you when tests are due so that you or your child receive the best quality care.
- We ask that blood tests are done before the visit so that the doctor has the results at your or your child's visit.
- We offer patients a chance to join in a special type of visit called a "group visit."

A partnership means that we trust you to:

 Communicate openly about any symptoms or changes in your or your family member's health and well-being.



- Learn about wellness and disease prevention and make healthy decisions about you and your family's daily habits and lifestyle.
- Follow the care plan that is agreed upon or let us know why you are not able to so that we can try to help or change the plan.
- Tell us when you or your family member see other doctors, have a change in medication(s) or have received any other tests or treatments. Please ask them to send us a report so we are well-informed.
- Learn and become familiar with the insurance that covers you and your family.
- Respect us as individuals and partners in your care.
- Give us feedback so that we can improve our services.
- Come prepared to pay your office visit fee when you are seen in the office.

Continued →



Trinity Health IHA Medical Group

Prescription Renewals

It is important that you ask to have prescription(s) renewed at the time of your visit. Many medications may require an office visit before they can be renewed. Please keep this in mind so that you do not run out of medication(s) before the next office visit.

If you think you or your family member may run out of medication(s) before the next office visit, you may request a renewal through the MyChart Patient Portal on IHAcares.com or call the office at least 24 hours in advance. Please have the name and dosage of the medication(s) and your pharmacy information ready when you call.

Appointments

We know that your time is valuable and we do our best to see our patients at their scheduled time. Patients are encouraged to arrive at least 15 minutes early and sign in at the front desk. This extra time allows our staff to update records prior to you seeing the provider. If you are unable to keep your or your family member's scheduled appointment, please notify us so that we may let another patient have that appointment time. Frequently missed appointments may result in a missed appointment fee.

We are Enhancing the Way We Deliver Health Care

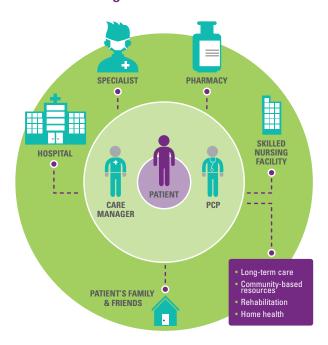
Patient Centered Medical Home (PCMH)

PCMH patients and their family (when appropriate) establish a partnership with their practitioners to ensure they have the support and education needed to make decisions and participate in their own health care.

Patient Centered Medical Home - Neighborhood (PCMH-N)

PCMH-N begins with you, the patient, at the center. Your "neighborhood" consists of your primary care physician/nurses, along with specialty physicians, social workers, or other medical professionals depending on your needs. The PCMH-N team is committed to helping you reach your health care goals and improve your overall health through timely, appropriate and coordinated care.

The Medical Neighborhood



Trinity Health IHA Urgent Care

Our urgent care locations not only offer extended hours seven days a week including holidays, but also now offer patients the ability to **save their spot**. This allows patients to seek care at a time and location that is convenient for them. That also includes urgent care video visits in as soon as 10 minutes.

To learn more, visit: IHAcares.com/saveyourspot



Please visit us online for the most up-to-date hours at: **IHAcares.com/urgentcare**



Trinity Health IHA Medical Group



MyChart

MyChart Waiting? Sign Up

Sign up for MyChart to get the results from any tests you have today sooner! You'll also get notes from your visit right to your phone.

Ask the medical assistant to send you a registration link or type **mychart.trinity-health.org** into you phone's browser and click **Sign up now**.

Sign up today at mychart.trinity-health.org



iOS











MyChart is available through any web browser at mychart.trinity-health.org, or download the Trinity Health MyChart mobile app on your smart phone.

With MyChart you can:



Manage Your Appointments



Online visits



Access your test results



Communicate with your doctor



Pay bills online



Request prescription refills





Adult History New Patient Form

PLEASE BRING ALL MEDICATION(S) TO YOUR APPOINTMENT.

Please complete this form and bring it with you to your visit.

Name:			Date of Birth:
(Last)	(First)	(Middle)	
Birth Sex: Male Female C	· <u>-</u>		ale
Preferred Pronoun: Decline to answ	ver 🗌 He, Him, His 🗌 She, He	r, Hers 🗌 They, Them, The	irs 🗌 Ze, Hir 🔲 Other
☐ Single ☐ Married ☐ Widow(er)	☐ Partner ☐ Divorced W	ho do you live with?	one 🗌 Partner 🗌 Family 🔲 Other
Email:		Would you like	to enroll in the Patient Portal? Yes No
Occupation:			
Emergency Contact Name:	Em	nergency Contact Phone: _	
Insurance:		Policy Number: _	
Having race, ethnicity and language in Race: ☐ Alaskan Native or American ☐ White ☐ Unknown ☐ Ot	Indian	African American	
Ethnicity: Hispanic or Latino	_		
Primary Language: English Spa	inish	Do	eclined
Are there any other languages spoken	in the home? If yes, please list	•	
Preferred Pharmacy:			
Phone:	Fax:		
☐ Routine Check Up — No Syn	ıptoms		dications as directed?
Reason for Visit: (please list all currers)		2	Dosage Times Per Day / Over the counter medication:
Allergies: Source Re	eaction	Source	Reaction

Have you ever had any of the following?

How many children do you have? ___

of the following?	,		Surgical History	Date	;	Surgical History	Date
(If yes, enter date to those	se that apply)		Angioplasty		_	Heart Valve	
,			Appendectomy		_	Hernia repair	
TEST	Date		Arthroscopy of knee		_	Hip/Knee replacement	
Eye Exam			Back surgery			Hysterectomy	
Dental Exam			CABG (Heart bypass)		_	Why did you have a hy:	sterectomy?
Cholesterol			Carpal tunnel release		-		
PPD (TB test)			Cataract extraction		- 1	Was your cervix removed?	☐ Yes ☐ No
HIV test			Colon resection			Were your ovaries	
Hepatitis C			Colostomy		_	removed?	☐ Yes ☐ No
Stool blood test			Defibrillator			Did you have a vaginal hysterectomy?	☐ Yes ☐ No
Colonoscopy			Fracture		_	_ASIK	
Bone density			Location:			Mastectomy	
Chest X-Ray			Gallbladder out		_	Small bowel resection	
Heart Stress Test			Gastric bypass		_		
Blood transfusion			Gastric Band		_	Thyroidectomy	
MRI			Gastric Sleeve		_	Tonsillectomy	
Sleep Study						Pacemaker	
Other						Prostate surgery	
					(Other	
Other recent physician of	or hoenital vieite						
1		2			3		
Social History (Check	all that apply)						
-		Taba	□Vas □Na □ □ar		Daar	entinual dura ren	
Alcohol Use Yes No	Former		cco Yes No For	mer		eational drug use	
Years Drinking		☐ Cig	jarettes		□ Y	es No Former	
Drinks per week		Packs	per day		Have	e you ever used IV drug	ıs?
Type		☐ Cig	jars		□ Y	es 🗌 No	
Quit date		☐ Ch	ewing Tobacco		Dava	onal safety	
Last drink		□Wo	ould like to quit			•	
		Years	of use		Do y	ou wear your seatbelt?	
Caffeine Yes No An	nount/week				□ Y	es 🗌 No	
Coffee		Year			Do y	ou have difficulty dress	sing yourself?
Pop/Soda		Sexua	al History		□ Y	es 🗌 No	
Energy drinks		Are v	ou currently sexually acti	ve?	Do y	ou have difficulty carry	ring 10
Other:			s □ No		noui	nds?	· ·
_		_	istory of sexually transm	ittad disaas	•	es □ No	
Exercise Yes No		-		itteu uiseas-			
Frequency (Hours/week):] Yes 🗌 No		Do у	ou have difficulty shop	ping?
Types:		If yes	, when?		□ Y	es 🗌 No	
Other							
Have you experienced a fal	I in the last year?	□Yes [□ No If yes how many	times have you	ı fallen	this year?	
Were you injured in the fall			ito in yes, now many	times have you	a lanon	your:	
			64 64				
Over the past 2 weeks, how	•			0.			
Little interest or pleasure	in doing things	☐ Not	at all Several days	_ More than ha	alf the o	days 🗌 Nearly daily	
Feeling down, depressed	or hopeless	□Not	at all Several days	More than ha	alf the o	days 🗌 Nearly daily	
Do you work? ☐ Yes ☐ N	lo 🗌 Retired						
Do you have a Living Will/D	Ourable Power of	Attorney	? 🗌 Yes 🗌 No				

Personal and Family History ☐ Unknown/Adopted (Check all that apply)

Circle any items that were known cause of death for relative

			WHICH
MEDICAL CONDITION	SELF	RELATIVE	RELATIVE
ADD/ADHD	Yes	Yes	
Alcoholism	Yes	∐ Yes	
Allergies	∐ Yes	∐ Yes	
Alzheimer's Disease/Dementia	Yes	Yes	
Anemia	☐ Yes	☐ Yes	
Angina	☐ Yes	☐ Yes	
Anxiety	☐ Yes	☐ Yes	
Arthritis	☐ Yes	☐ Yes	
Asthma	☐ Yes	☐ Yes	
Atrial fibrillation	☐ Yes	☐ Yes	
BPH (enlarged prostate)	☐ Yes	☐ Yes	
Blood clots	Yes	☐ Yes	
Blood disease (vists to hematology) \square Yes	☐ Yes	
Cancer(s):			
Breast	Yes	☐ Yes	
Colon	Yes	☐ Yes	
Lung	Yes	☐ Yes	
Prostate	Yes	Yes	
Other:	Yes	☐ Yes	
CVA (Stroke or TIA)	Yes	☐ Yes	
Colon problems	Yes	☐ Yes	
COPD (emphysema)	Yes	☐ Yes	
Coronary artery disease	Yes	☐ Yes	
Depression	Yes	☐ Yes	
Developmental Delay	Yes	☐ Yes	
Diabetes	Yes	☐ Yes	
Eczema	Yes	☐ Yes	
Gall Stones	Yes	☐Yes	
Gallbladder disease	Yes	☐Yes	
GERD	Yes	☐Yes	
Glaucoma/Cataracts	Yes	☐Yes	
Hearing deficiency	Yes	☐Yes	
Heart disease/problems	Yes	☐Yes	
before age 40 (male)	Yes	☐Yes	
before age 50 (female)	Yes	Yes	
Hemorrhoids	Yes	Yes	
Hernia	_ ☐ Yes	 ∏Yes	
Hepatitis C	☐Yes	☐Yes	
Hyperlipidemia (high cholesterol)	☐Yes	☐Yes	
Hypertension (high blood pressure		 ☐ Yes	
Injuries:			
Concussion or head injury	□Yes	□Yes	
Car/motorcycle accident injury	_	☐Yes	
Ever been knocked unconscious		☐Yes	
Broken bones?	☐Yes	☐Yes	
Which ones?			
Any other injuries:	Yes	☐Yes	

MEDICAL CONDITION	SELF	RELATIVE	WHICH RELATIVE	
Irritable bowel disease	Yes	Yes		
Kidney disease	Yes	☐Yes		
Kidney stones	☐ Yes	☐Yes		
Learning disability	☐ Yes	☐Yes		
Liver disease	☐ Yes	☐Yes		
Lupus	Yes	☐Yes		
Mental illness	Yes	☐Yes		
Migraines/headaches	☐ Yes	☐Yes		
Obesity	☐ Yes	☐Yes		
Osteoarthritis	☐ Yes	☐Yes		
Osteoporosis	☐ Yes	☐Yes		
Peptic ulcer disease	Yes	☐Yes		
Peripheral vascular disease	Yes	☐Yes		
Psoriasis	☐ Yes	☐Yes		
Rheumatoid Arthritis	☐ Yes	☐Yes		
Seizure disorder/Epilepsy	☐ Yes	☐Yes		
Sleep Apnea	☐ Yes	☐Yes		
Thyroid disease	☐ Yes	☐Yes		
OTHER (please list)				
	☐ Yes	☐Yes		
	☐ Yes	Yes		
Check all that apply Hepatitis A Hepatitis B HPV (Gardasil) Influenza Last tetanus vaccination Pneumonia (Pneumovax) Pneumonia (Prevnar) Shingles shot (Zostavax)		- - - - -		
FOR WOMEN ONLY				
How many: Pregnancies Live births Menstrual History: Age when menstrual period began Do you use any form of birth control?				
First day of last menstrual period				
Screening Tests Date				
Last pap smear: Any abnormal pap smears and/or cervical procedures? Yes No If yes, indicate results and date.				
Mammogram: Any abnormal mammograms? ☐ Yes ☐ No				

	J		
atient Signature:		Date Signed:	05/2

Authorization for Sharing Information



1. THINGS YOU SHOULD KNOW (PRIVACY NOTICES):

INITIAL BY YOUR CHOICE HERE

PROCESSED BY THE FOLLOWING LOCATION:

DATE: _

STAFF INITIALS: _

may	You should know that if using a policyholder/parent's health insurance plan for services, IHA and the insurance company may share your information to the policyholder/parent for services you have performed. In addition, they would receive an explanation of benefits, and may gain access to medical and billing information about your visit.						
listed writte	erstand that this consent is for d here: Further en notice to your physician. Fous version on file.	, you should understand	that you may opt	out of this type of release o	f information by providing		
inforr	give permission to share you mation and your information I do not sign this form. <i>When</i>	is no longer protected by	y Federal privacy i	regulations. Your health car	e will not be affected		
This is	s where you (the patient)	fill in YOUR informat	ion.				
2. PATIE	ENT:		1				
	LAST NAME SS:			MAIDEN OR OTHER NAME	DATE OF BIRTH		
				TF· 7IP).		
	CT PHONE NUMBER(S):						
	s where you fill in the WH						
	SENT to share my health i		•				
				E OF BIRTH:	(If Available)		
	SS:						
					(If Available)		
	SS:						
PHONE:		F	RELATIONSHIP TO	O PATIENT:			
This is	s where YOU decide if yo	u authorize IHA Medi	cal Group to sha	are your information as I	isted below.		
4. I AGR	EE/DECLINE to share the	following information:	(THIS AUTH APP	PLIES TO ALL OFFICES)			
	I AGREE to share/release a	all relevant information, INC	CLUDING release o	of all the following.			
	Services and Social Services. In	addition, other private information	on such as pregnancy or	ting OR Sexually Transmitted Diseas tol and Drug Abuse Treatment; Inforr r contraceptive management informa ents for CFR 42 Part 2 and require	tion can be shared.		
	I AGREE to share/release a						
	_		•				
	TAGREE to strate/release to	JNL F this specific information	.1011.				
	I DECLINE to share/release	e my health information.					
			OR				
	OF PATIENT	DATE	PARENT/LEGAL G				



AUTHORIZATION TO RELEASE COPIES OF A MEDICAL RECORD

Complete ALL Fields to ensure your request is processed

Note: You will not be contacted about the status of your requests, which can take up to thirty days to process. If you have questions, you can contact us at: 734-887-8966 or Medical_records@ihacares.com

AUTHORIZE AND REQUEST THE RELEASE OF INFORMATION BELOW FOR THE FOLLOWING PATIENT:				
Patient Name: Date of Birth:// Phone	e:			
Address:City/State/Zip:				
Email Address:				
RELEASE RECORDS FROM:				
☐ IHA/SMNG Provider Name:Office Name:				
□ All IHA/SJMG Provider/Offices □ □ Other	(Be specific)			
RELEASE RECORDS TO:				
 ☐ Me: I request Trinity Health to release my protected information to Myself at the address listed above. ☐ Other: I am the legally authorized representative of the patient listed above and request Trinity Health to release the protection. 	ected health information to:			
Name:Company/Organization				
Address:City/State/Zip:				
Email Address:				
REQUESTING MEDICAL RECORDS ON BEHALF OF ANOTHER PERSON: If you are requesting medical records for someone other to show that you have a legal right to request record set. Examples of these documents include Letters of Representation, Guardiansh will be mailed to the address stated above unless otherwise specified.				
INFORMATION TO BE RELEASED: (Check all that apply)				
Dates of service:// through//				
□ Office Visits □ Radiology Reports □ Outside Consult Notes □ Billing Record □ Laboratory Reports □ Entire Record □ Imaging/Films □ Other:				
PURPOSE OF RELEASE (check reason):				
□ Continuity of Care □ Transfer out □ Insurance □ Legal □ School □ Personal	☐ Workers Compensation			
FORMAT (Charges may apply):				
Format type: ☐ Encrypted link via Email ☐ Encrypted CD (delivered by Mail) ☐ Paper Copy (delivered by	Mail)			
Signature: Print Name:	Date:			
Sensitive Information: I request the following Information be released, which may include alcohol and drug counseling; HIV, AIDS, or ARC; communicable disease or infections, including sexually transmitted disease information, and demographic information, for the purposes and conditions designated on this form. ☐ 42CF Right to Revoke (cancelling) authorization: I have the right to revoke (cancel) this limited authorization in writing and sent to Trinity Health Release of Information with the address on the top of this form. Revocation released. If this authorization was obtained as a condition of providing insurance coverage, the authorization the law provides my insurer with the right to contest a claim under the policy or the policy itself.	, venereal disease, tuberculosis and hepatitis, genetic FR Part 2 decline to share information. writing at any time. Revocations must be made in as will not apply to information that already has been			
Expiration: This authorization will expire in six months unless specified on the following date, event, or condition				
Re-disclosure: If the person or entity that receives the information is not a healthcare provider or health plat the information described above may be re-disclosed and no longer protected by these regulations.	n, covered by federal privacy regulations, I understand			
INTERNAL USE				
	TO REVOKE (ATTACH) □			
VERIFIED BY:	EQUEST TO MRO FOR PROCESSING			



Physician Office Consent to Treatment

I. CONSENT FOR MEDICAL CARE, TESTING, AND TREATMENT:

- A. I voluntarily consent to treatment which may include a complete medical history, physical examination, performance of diagnostic procedures, lab tests, x-rays, and other medical procedures as deemed necessary and appropriate by the physician, physician assistant, nurse practitioner and/or associates, including residents, students, nurses, technicians, and assistants (each a "Provider") participating in my care on behalf of [Trinity Health IHA Medical Group or Trinity Health Medical Group] ("Facility"). I understand that, absent an emergency or extraordinary circumstance, I have the right to discuss all procedures or treatments with any Provider participating in my care, and to refuse any proposed procedure or course of treatment.
- B. I am aware that the practice of medicine and surgery is not an exact science, and that results and outcomes of treatment are different for each patient. I acknowledge that no guarantees or promises have been made to me regarding my health or the results or outcomes of any procedure, test, or treatment that I authorize my Provider to perform.
- C. I authorize Facility to dispose of any specimen or tissue remaining after completion of a clinical procedure or treatment.
- D. I understand that in the rare event that a Provider is exposed to my blood and/or body fluids, Facility may perform laboratory studies on my blood to detect the presence of any serious communicable diseases, such as hepatitis, HIV or AIDS. I understand Michigan law permits this testing without my consent and, should such testing occur, I will not be charged.

II. NOTICE OF PRIVACY PRACTICES ACKNOWLEDGMENT AND RELEASE OF HEALTH RECORD INFORMATION:

- A. I acknowledge that I was offered and/or provided Facility's Notice of Privacy Practices, and that I may obtain an additional copy of the Notice at any time. This Notice describes how Facility uses and discloses protected personally identifiable information, including billing and medical information, in accordance with the protections of the law.
- B. I understand that the Facility may release my personal, billing, and medical information to other institutions, facilities, providers, payers, insurance companies or review agencies for use in connection with my current or future care, health care operations, including quality improvement and care coordination, or as required for Facility or Providers to receive payment for care. I understand and agree that this may include the following: (i) alcohol and drug abuse records protected under the regulations in 42 Code of Federal Regulations, Part 2; (ii) information related to HIV infection or AIDS; (iii) psychological records, social services records, and confidential communications made to a psychologist, social worker, or other provider.
- C. I understand and acknowledge that my information can be shared by Facility with other past, future, and current providers, caregivers, and facilities to coordinate my health care, for payment and for administrative purposes, including quality and care management, or as otherwise permitted or required by law. This information may include dates and services provided, location where treatment was received, treatment information, medications, diagnoses, names of physicians and other health care providers, including mental health professionals, and information related to diagnosis, care, or treatment of my mental or emotional condition.
- D. I acknowledge that my health record information may be released to my employer if this is a work-related exam or an injury for which a workers compensation claim has been filed.

III. AUTHORIZATION FOR PAYMENT/ FINANCIAL RESPONSIBILITY

- A. I assign and authorize payment directly to Facility for all services rendered. I understand that I am financially responsible for services that may not be covered under my health insurance policy or third-party payments except where contrary to law. I understand that it is my responsibility to pay for all charges not covered by my insurance company (including deductibles and co-payments). Facility offers a financial assistance program for qualified patients who cannot pay the full portion of their bill. [Add contact #].
- B. Receiving services at a designated provider-based office is the same as receiving services from one of Facility's affiliated hospitals. I understand that separate billing may be issued for both the services of the Physician Office Consent to Treatment 03.12.23 page 1 of 2



Facility and the services of the healthcare professionals, and that neither's charges are included in the billings of the other.

IV. ADDITIONAL ACKNOWLEDGMENTS

- A. **Communication Methods**: I agree that Facility and its business associates may contact me by any phone number provided by me or associated with my health record. Facility may contact me by sending text messages or emails, using the contact information I provide. Methods of contact may include using pre-recorded/artificial voice messages and/or use of an automatic dialing device. I understand that I can choose not to participate in some or all these methods by completing an opt out form.
- B. No Tolerance for Violence. I acknowledge that Trinity Health has a "Zero Tolerance for Violence" policy. This applies to all patients, colleagues, volunteers, and visitors. I understand that incidents may result in removal from the facility, dismissal from the practice and potential criminal prosecution.
- C. **Chaperone:** I understand that Facility allows for a chaperone during my visit, and I will let my Provider, or the Facility staff know if I would like a chaperone present.
- D. **Missed Appointment Policy:** I acknowledge that Facility has a missed appointment policy and that I may request the policy for review. I agree to notify the office as soon as possible if unable to keep a scheduled appointment time.
- E. **Photography or Recording:** I consent to photography or videotaping of my care and the procedures performed, including appropriate portions of my body, as the Facility or Provider determines will benefit my care, and for quality improvement, scientific research, or educational purposes, provided my identity is not revealed by the pictures or by the descriptive text accompanying them. If the photographs, or recordings identify me in any way and are used for my care, those recordings will be retained by as part of my health record
- F. **Personal Valuables**: I understand that Facility does not accept responsibility for any lost, stolen, or damaged personal items while I am at the office.
- G. **Telemedicine Services**: I understand that I may receive care through telemedicine services. Telemedicine is the use of medical and personal information exchanged between clinician and patient via electronic communications and technology to improve a patient's health status.

THE PURPOSE OF THIS FORM WAS I	EXPLAINED TO ME AND I HA	AD THE OPPORTUNITY TO ASK QUESTIONS
Print Patient Full Name		Patient Date of Birth
Patient Signature	Date	Time
If patient is a minor or adult under guardia	anship, parent or legal guardia	n must sign
Signature of Parent or Legal Guardian	Date	Time
Print Name and Relationship to Patient. Describe a	uthority to sign on behalf of patient	



Guide to Care





Welcome to Trinity Health IHA Medical Group. We are here for you, with nearly 1,000 health care providers in over 125 locations close to your home or work. Please use this guide or go online at IHAcares.com to learn more about our team and how we may care for you and your family.

Free + Virtual Patient Events



Our pediatric practices hold monthly group meetings for expectant parents and parents of potential new patients. Ask questions, learn about our practice philosophy, office hours and more!

Scan to register!







Mom, Baby + Partner (2-4 weeks old)

First Tuesday of the Month 6:00 PM







Wednesday Education Series

Twice each month, one of our leading providers, physicians or surgeons will present on a variety of topics.







Third Trimester Class

Third Wednesday of the Month 7:00 PM

FOR NEW MOMS + LABOR COACHES

Scan to register!





Important Numbers

IHA Medical Group Call Center 844-IHA-DOCS

Trinity Health Patient Business Services (Billing) 800-494-5797

Trinity Health MyChart Patient Portal support line 844-982-4278

IHA Medical Group Imaging 734-434-0539

IHAcares.com



URGENT CARE

We are here to care for you seven days a week.

Brooklyn

212 S. Main St., Suite B Brooklyn, MI 49230

P: 517-938-6085 F: 517-938-6086



1600 S. Canton Center Rd. Canton, MI 48188

P: 734-844-8743 F: 734-844-8744





Domino's Farms

4200 Whitehall Dr. Suite 150

Ann Arbor, MI 48105 P: 734-995-0308





East Brighton 5505 S. Old US 23, Suite 200 Brighton, MI 48116

P: 810-494-6810 F: 810-494-6805





1065 North Huron River Dr. Suite 200 Ypsilanti, MI 48197

P: 734-896-4112 F: 734-896-4113



Hamburg

10020 Professional Centre Dr. Suite 120

Hamburg, MI 48139 P: 810-231-6080



Howell

202 W. Highland Rd. Howell, MI 48843

P: 517-338-9084 F: 517-338-9091

F: 810-231-0256





General Ultrasound Available



X-Ray Available

Milan

870 E. Arkona Rd. Suite 105 Milan, MI 48160

P: 734-222-4150 F: 734-222-4151



Saline Late Summer 2023 7115 E. Michigan Ave.

Suite 200 Saline, MI 48176



Schoolcraft Campus

19000 St. Joe's Parkway Suite 140 Livonia, MI 48152

P: 734-213-3688 F: 734-213-3687



Southeast Livonia

29370 Plymouth Rd. Suite 200 Livonia 48150

P: 734-884-5212 F: 734-884-5213



South Lyon

23200 Pontiac Trail South Lyon, MI 48178

P: 248-486-3310 F: 248-486-3309



Waterford

4400 Highland Rd. Suite 200 Waterford, MI 48328

P: 248-599-6190 F: 248-618-0355



West Arbor

4350 Jackson Rd. Suite 230 Ann Arbor, MI 48103

P: 734-887-4396 F: 734-887-4614





Please visit us online for the most up-to-date hours at:

IHAcares.com/urgentcare

What is Urgent Care?

Offering extended hours seven days a week including holidays, IHA Urgent Care is just what the patient ordered. No more waiting for hours in an Emergency Room, now you have a quicker, more cost-effective alternative that fits your schedule... and your budget.

We treat non-life-threatening medical conditions, such as:

- Back pain
- Cuts requiring stitches
- Conjunctivitis (pink eye)
- Fever or flu symptoms
- Fractures (broken bones)
- Headaches
- Mild to moderate allergic reactions

- Mild to moderate asthma
- Minor head injuries
- Seasonal allergies
- Sprains and strains
- Urinary tract infections (UTIs)

COVID-19 Related Symptoms at select Urgent Care locations:

- Cough
- Fever/Chills
- Shortness of Breath
- Fatique
- Sore Throat
- Body Aches

- Nausea/Vomiting
- Pink Eye
- Loss of taste/smell
- Discolored fingers/toes
- Diarrhea
- Skin Rash

Visit IHAcares.com/covid19 for more info.



Skip the wait and save your spot at our urgent care locations. Your saved spot is not a guaranteed appointment, but an option that allows you - or a sick family member - to seek care at a time that is convenient.



Trinity Health IHA Medical Group

PRIMARY CARE

LENAWEE COUNTY

Clinton

11775 Tecumseh-Clinton Hwy. Clinton, MI 49236

P: 517-456-7449 F: 517-456-6059

Family Medicine

Sreevalli Attili, MD Sarah Kaminsky, DO Adam Kosteva, MD Jeffrey Mendoza, DO Cullen Salada, MD

LIVINGSTON COUNTY

Academic Family Medicine - Brighton

Trinity Health Medical Center - Brighton 7575 Grand River Ave., Suite 210 Brighton, MI 48114

P: 810-844-7950 F: 810-494-6895

Family Medicine

Kelly Arenz, DO Andrew Cunningham, MD Benjamin Gilbert, DO Jacquelynn Hatch, DO Kathryn Lankton, DO, IBCLC Cynthia Schuler, MD, CLC Mark Zawisa, MD, FAAFP

East Brighton

5505 S. Old US 23, Suite 100 Brighton, MI 48116

P: 810-494-6885 F: 810-494-6839

Family Medicine

Aurielle Fanning, MD Aaron Heller, DO Steven Korycinski, MD Alberto Nacif, MD, DipABLM Raymond Smith, MD Donna Vorias, MD

Genoa

2305 Genoa Business Park Dr. Suite 200 Brighton, MI 48114

P: 810-494-6840 F: 810-494-6841

Family Medicine

David Bavers, MD Robert Camilletti, DO, MPH Andrew Cunningham, MD Stacie Griffin, MD Donya Hosseinian, MD Rebecca Pawlik, MD, DABOM Melissa Zimmerman, MD Ellen Walukas, DNP

Hamburg

10020 Professional Centre Dr. Suite 120 Hamburg, MI 48139

P: 810-231-0252 F: 810-231-0256

Internal Medicine

Amir Alawneh, MD Nancy Carbajo, MD Rodney Dewyer, MD Stephanie Peterson, MD Scott Stevens, DO Rachel Walk. DO

Howell

202 W. Highland Rd. Howell, MI 48843

P: 517-234-6540 F: 517-338-9083

Family Medicine

Kristyn Delecki, DO Michael Paulson, DO Tonya Sexton, DO Benjamin Taggart, DO Erin Obsniuk, CNP

Internal Medicine

Bassel Atasi, MD ■ Aaron Daniel, MD ■ Shruti Devineni, DO Carranda Koop, MD

Internal Medicine/Pediatrics

Pinckney

10200 Dexter-Pinckney Rd., Suite 100 Pinckney, MI 48169

P: 734-878-1000 F: 734-878-1001

Family Medicine

Kevin Chu, MD Michael DeBacker, MD John B. Rasor, DO Kelsey Scott, MD Kristina Danko, CNP Nicole Ehinger, CNP

Internal Medicine

Michelle Carveth, MD

Internal Medicine/Pediatrics

JACKSON COUNTY

Brooklyn

212 S. Main St., Suite A Brooklyn, MI 49230

P: 517-592-8033 F: 517-592-3959

Family Medicine

Chloe Balanda, MD Eric Wandschneider, MD Julayne Brigham, PA-C

OAKLAND COUNTY

Bloomfield

43097 Woodward Ave., Suite 100 Bloomfield Twp., MI 48302

P: 248-836-0040 F: 248-836-0042

Family Medicine

Nora Dagher, DO Rhonda Gumma, DO Daniel Meram, MD

Clarkston

6770 Dixie Highway, Suite 303 Clarkston, MI 48346

P: 248-625-0030 F: 248-625-4403

Family Medicine

David McNaughton, MD Bhupendra Patel, MD Michael Scarchilli, DO Bradford Woelke, MD Tatyanna Coleman, CNP

Henderson Academic Primary Care

Woodward Professional Building 44428 Woodward Ave., Suite 102 Pontiac, MI 48341

P: 248-858-3126 **F**: 248-858-6499

Pritha Chitagi, MD Cecilia Cosma, MD Benjamin Diaczok, MD Jacky Duong, DO Geetha Krishnamoorthy, MD Bashar Maskoni, MD Katie Zechar, MD

Lake Orion

1375 S. Lapeer Rd., Suite 210 Lake Orion, MI 48360

P: 248-693-5700 **F**: 248-693-5715

Family Medicine

Kevin Do, DO Laura Sychta, DNP

Internal Medicine

Timothy Dickson, MD ■
Amy McCarthy, MD ■
Kathryn Rice, MD ■

Internal Medicine/Pediatrics

Rochester Hills

1854 W. Auburn Rd., Suite 100A Rochester Hills, MI 48309

P: 248-696-3170 F: 248-696-3175

Family Medicine Victoria J. Torgler, DO

Internal Medicine

Walter Culver, MD ■

■ Internal Medicine/Pediatrics

South Lyon

23200 Pontiac Trail South Lyon, MI 48178

P: 248-446-2935 F: 248-446-2936

Family Medicine

Natalie Baer, MD Lauren Carney, DO Elizabeth Morelli, MD Kacie Hadley, CNP

Waterford

4400 Highland Rd., Suite 100 Waterford, MI 48328

P: 248-618-6000 F: 248-618-6951

Family Medicine

Hadeel Razook, MD Daniel Warden, MD Brenda Pope, CNP Shibani Tipnis, CNP

Internal Medicine

Leslie Caren, MD ■
Paunel Grivej, MD
Elyse Hewitt, DO
Nashwan Yousif, MD

■ Internal Medicine/Pediatrics

WASHTENAW COUNTY

Academic Internal Medicine - Ann Arbor Campus

Riechert Medical Center 5333 McAuley Dr. Suite 4001 Ypsilanti, MI 48197

P: 734-712-3980 F: 734-222-4081

Internal Medicine

Corey Dean, MD, FAAP, FACP

Ann Arbor Campus

Trinity Health Towsley Medical Center 5361 McAuley Dr. Ypsilanti, MI 48197

P: 734-712-1300 F: 734-222-3665

Family Medicine

Benjamin Maynard, MD Kaitlin Zeytuncu, MD Max Julien, PA-C Jonathan Nikutta, PA-C Danielle Wilseck, PA-C

Internal Medicine

Irina Burman-Solovyeva, MD, FACP Daniel Cahill, MD Jie Dong, MD, MPAS Daniel Jeung, MD Lisa Kutas, MD Kevin Taylor, MD, FACP

Arbor Park

4940 W. Clark Rd., Suite 100 Ypsilanti, MI 48197

P: 734-971-1188 F: 734-971-3658

Family Medicine

Robert Breakey, MD, DipABLM Roger Chen, MD Charis Hill, MD Vaishali Katial, MD Matthew Kittle, DO Shannon Kusiak, MD Ross Schmaeman, MD Melissa Sokol-Keith, MD, FAAFP Camille Sanchez, CNP

Internal Medicine

Therese Benevich, MD

■ Internal Medicine/Pediatrics

Chelsea

14288 E. Old US 12, Suite 200 Chelsea, MI 48118

P: 734-475-8677 F: 734-327-0826

Family Medicine

James Alford, MD David French, MD Kathryn Harmes, MD Rebekah Hudson, DO

Internal Medicine

Preeya Mohan, MD Jyoti Sutter, MD Steven Yarows, MD, FACP, FASH

Dexter

7093 Dexter-Ann Arbor Rd. Dexter, MI 48130

P: 734-426-9028 F: 734-426-9029

Family Medicine

Annelie Ott, MD Rhonda S. Todd, MD Bradford Wylie, MD Jerica Miller, PA-C

Domino's Farms

4200 Whitehall Dr., Suite 130 Ann Arbor, MI 48105

P: 734-995-0303 F: 734-995-0425

Family Medicine

Renah Farhan, MD Dana O'Neill, DO Morgan Perian, PA-C Abi Seeber, PA-C

Internal Medicine

Karl Brenner, MD Yiding (Peter) Cai, MD Yara Fardous, MD Dorian Moore, MD Heather Simpkins, MD Tendai Thomas, MD, FACP Adam Vaughn, DO

EMU

1065 North Huron River Drive Suite 100 Ypsilanti, MI 48197

P: 734-896-4110 F: 734-896-4111

Family Medicine

Thuy Orlando, MD Lisa Whipple, DO Laurel Boelens, CNP, DNP Abi Seeber, PA-C

Women's Health

Elizabeth Loomis, CNP, DNP

Milan

870 E. Arkona Rd., Suite 100 Milan, MI 48160

P: 734-439-2429 F: 734-439-0200

Family Medicine

Renee Armstead, MD
Stanley A. Forfa, DO
Maria Heck, DO
G. Michael Jasbeck, MD
Britzy Joseph, MD
Sarah Taub, MD
Carla Zahuranec, MD
Jane Imo, CNP
Lynn Lewis, CNP
Ashley Schwartz, CNP

Internal Medicine

Edward Kim, MD Chad Krueger, MD Cynthia Larson, MD, PhD

Neighborhood Primary Care - Ypsilanti

Haab Health Building 111 N. Huron St., Suite 200 Ypsilanti, MI 48197

P: 734.547.7977 F: 734.572.4855

Family Medicine

Emily Johnson, CNP

Internal Medicine

Bassel Atasi, MD ■
Corey Dean, MD, FAAP, FACP ■
Suzette D. LaVigne, MD, MPH, FAAP ■
Tomas Murphy, MD ■
Sara Platte, MD, FAAP ■

■ Internal Medicine/Pediatrics

West Arbor

4350 Jackson Rd., Suite 200 Ann Arbor, MI 48103 P: 734-761-2581 F: 734-761-9540

Family Medicine

Natalie Bichucher, MD Brian Bluhm, MD Michael Bruderly, MD Avalon Elliott, DO Benjamin Kaplan, DO Meera Krishnashastry, MD Stephanie Machinski, MD Daniel Pettit, DO Teleah Phillips, DO Aleah Thompson, MD Jay Lodwick, PA-C Sherry Headley, CNP C. Nikki Taylor, PA-C

Internal Medicine

Marie Arnaout, DO ■
Kristin McFadden, DO
Gary Peppin, MD
Ronald Sanda, MD
Hongyan (Grace) Yang, MD, PhD ■

■ Internal Medicine/Pediatrics

WAYNE COUNTY

Academic Family Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 210 Livonia, MI 48152

P: 734-853-5694 F: 734-430-9388

Family Medicine

Katelyn Bonkowski, MD
Christine Brenner, MD
Charan Cheema, DO
Nicole B. Kohnen, MD
Alexa Norwick, MD
Nicole Robertson, MD
Nicole Rothenberg, MD
David Michael Smeenge, MD
Michael Wowk, MD

◆ Obstetric Care

Academic Internal Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 340 Livonia, MI 48152

P: 734-793-2470 **F**: 734-793-2471

Internal Medicine

Lisa Harston-LeDoux, MD Steven Kirby, MD David Steinberger, MD, FACP Randall Sternberg, MD

Canton

1600 S. Canton Center Rd., Suite 200 Canton, MI 48188

P: 734-398-7880 F: 734-761-7318

Family Medicine

Raza Ali, MD Diamond Shelby, MD Yujing Murray, MD Mary Nixon, MD Bhavani Sundram, MD Jamie Galvan, CNP Ashley Richmond, CNP

Internal Medicine

Kimberly McCord, MD
Ellen B. Williams, MD

■ Internal Medicine/Pediatrics

Cherry Hill Village

49650 Cherry Hill Rd., Suite 120 Canton, MI 48187

P: 734-398-7800 **F**: 734-398-7805

Family Medicine

Mohammed Abdrabboh, MD Sonia J. Haque-Uddin, MD Nada Patel, MD Sachi Patel, DO

Internal Medicine

Mira Agrawal, MD, FACP, DipABLM Peter Meyers, DO Theresa Poppe, MD, DipABLM Tracey Sperry, DO, FACOI Jeffrey Sweet, MD Kristen Yee, MD Jodi Lambert, CNP

Freedom

20206 Farmington Rd. Livonia, MI 48152

P: 248-476-4724 F: 248-476-7091

Family Medicine

Randall Bickle, DO, JD, CPE Gregory Monroe, DO

Internal Medicine

Derek DeSouza, MD Prasad Mikkilineni, MD Ratna Zampani, MD

Plymouth

990 W. Ann Arbor Trail, Suite 208 Plymouth, MI 48170

P: 734-455-1200 **F**: 734-455-5219

Family Medicine

Lauren Schrock, MD Stephanie Gillman, PA-C

Internal Medicine

Willard Den Houter, MD
Craig Gertner, MD
Matthew Kohlenberg, MD
Ashley Schmehl, DO
Jeffrey Van Hooser, MD
Deborah Weener, MD

■ Internal Medicine/Pediatrics

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 200 Livonia, MI 48152

P: 734-213-3685 F: 734-213-3686

Family Medicine

Sami Ahmed, MD Barbra Alvir, DO Jessica Haddad, MD Michelle Klink, DO Jenny Shih, DO Alexia Stavropoulos, DO Kayla Garrett, CNP

Internal Medicine

Michael Sanson, MD Sherrie Tefend, MD

Southeast Livonia

29370 Plymouth Rd., Suite 100 Livonia, MI 48150

P: 734-655-8200 F: 734-655-8210

Family Medicine

Candace Cooper, DO

Internal Medicine

Shyran Hines-Fenderson, MD ■
Rachel Marcucci, MD ■
Jane Philip, MD ■
Erin Walton-Doyle, MD ■

■ Internal Medicine/Pediatrics



Trinity Health Academic Practices

Our team of faculty and resident physicians provide the most up-to-date, evidencebased medical care in a caring, compassionate environment. Working closely with each of our patients, we develop personalized care plans with a special emphasis on preventive care so that, in addition to helping you with health concerns, we can work with you to avoid ones that may come up in the future.

Trinity Health IHA Medical Group

Senior Primary Care & Consult Services

We specialize in providing primary care to patients aged 65 and older who have a history of complex conditions that require frequent visits.

Physicians and staff provide support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. Each patient completes an initial questionnaire, receives an in-depth assessment and recommendations for care or resources to enhance the quality of life.

Senior Primary Care Services Offered:

- Annual wellness checks
- · Chronic care visits
- Immunizations
- Cognitive assessments
- Home visits
- Support in setting and achieving health goals
- Coordination and continuity of health care when moving from one health care setting to another



Ann Arbor Campus

Opening May 8

Trinity Health Towsley Medical Center 5361 McAuley Drive Ypsilanti, MI 48197

P: 734-712-9968 F: 734-222-3106

Aishah Raffee, DO, AGSF Alvin Vargas, DO Amy Bakalar, CNP



What is Internal Medicine/Pediatrics?

With a focus on lifelong preventive health care and overall well-being, our internal medicine and pediatric physicians and staff specialize in primary care for infants, children and adults. Internal Medicine/Pediatrics, sometimes called Med-Peds, is the combination of Internal Medicine (primary care for adults) and Pediatrics (primary care for infants, children and adolescents). Physicians receive an additional year of training and are board-certified in both internal medicine and pediatrics.

We have many providers in several of our primary care practices who can care for your child.

Arbor Park Therese Benevich, MD

Canton Kimberly McCord, MD

Bassel Atasi, MD Aaron Daniel, MD

Lake Orion Timothy Dickson, MD Theresa Larsen, MD Amy McCarthy, MD Kathryn Rice, MD

Plymouth Matthew Kohlenberg, MD Jeffrey Van Hooser, MD

Rochester Hills Walter Culver, MD **Southeast Livonia**

Shyran Hines-Fenderson, MD Rachel Marcucci, MD Jane Philip, MD Erin Walton-Doyle, MD

Waterford Leslie Caren, MD

West Arbor Hongyan (Grace) Yang, MD, PhD

Neighborhood Bassel Atasi, MD Corey Dean, MD, FAAP, FACP Suzette D. LaVigne, MD, MPH, FAAP Tomas Murphy, MD Sara Platte, MD, FAAP

See pages 4 & 5 for details.

Trinity Health IHA Medical Group

PEDIATRICS

Arbor Park

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Erin Andrews, MD, FAAP Karen Brenner, MD, FAAP Casey Lwo, MD, FAAP Jennifer McDonald, MD Marla Mikelait, MD, FAAP Kandice Schifko, MD Adriana Benedetto, CNP Marissa DaSilva, CNP, IBCLC Cindi Frederiksen, CNP

Chelsea

14288 E. Old US 12, Suite 100 Chelsea, MI 48118

P: 734-475-9175 **F**: 734-475-0120

John Gardner, MD, FAAP C. Emily Heung, MD Tara Kelly, MD Susanna Lin, MD Brittany Raburn, MD Marissa Sevenish, CNP

Cherry Hill Village

49650 Cherry Hill Rd., Suite 210 Canton, MI 48187

P: 734-398-7899 F: 734-398-7895

Hira Amarasinghe, MD
Nancy Anastasi, MD, FAAP
Crystal Barrow, MD, FAAP
Kerri Randall, MD, FAAP
Madhu Sennerikuppam, MD, MPH
Lisa Sprague, MD, FAAP
Hayley Teich, MD, FAAP
Judy Tosto, MD, FAAP
C. Faith Victoria, MD
Becca Wise, DO
Bryn Gerich, CNP
Molly McIntyre, CNP
Wendy Storey, CNP, IBCLC
Kerry Swanton, CNP

Domino's Farms

4200 Whitehall Dr., Suite 230 Ann Arbor, MI 48105

P: 734-769-3896 F: 734-769-3746

Amy Cooke, MD, FAAP Monica Montemayor, MD, FAAP Christopher Smith, MD Lisa Whitehead, MD, FAAP Frances Youssef, MD, FAAP Aubree Blumer, CNP

Genoa

2305 Genoa Business Park Dr. Suite 240 Brighton, MI 48114

P: 810-494-6820 F: 810-229-0747

Maria DeLeon, DO, MPH, FAAP Kirtana Ghandikota, MD Bethany Hall, MD, FAAP Jessica Huhn, MD, FAAP Chris Kottke, MD, FAAP Stacey O'Connor, DO, FAAP Melissa Zarow, DO, FAAP Julie Byrne, CNP, IBCLC Kristen Upton, CNP, IBCLC

Orchard

28300 Orchard Lake Rd., Suite 100 Farmington Hills, MI 48334

P: 248-855-7510 F: 248-855-5626

Sarah Clune, DO Amy Dunn, MD Beth Nadis, MD Aimee Pollak, MD Justin Remsing, PA-C

Plymouth

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Melissa Ayoub Heinen, DO, MPH, FAAP
Sarah Lacy, MD, FAAP
Jenna Millstead, MD
Christine Stankovic, MD, FAAP
David Tobin, MD
Nicole Dillon, CNP
Kelly Spooner, CNP
Shannon Schwartz, CNP
Tara Valentine, CNP, AE-C

Schoolcraft Campus

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Union Lake

2630 Union Lake Rd., Suite 100 Commerce Charter Twp., MI 48382

P: 248-360-1200 F: 248-360-6182

Stacey Gorman, MD Amy Kowalski, MD Geetha Nair, MD Courtney Palka, MD

West Arbor

4350 Jackson Rd., Suite 100 Ann Arbor, MI 48103

P: 734-971-9344 F: 734-971-2303

Alyson Bokshan, MD, FAAP William Chamness, MD, FAAP Carmen Green-Lee, MD, FAAP Omkar Karthikeyan, MD, FAAP Melissa Pike, MD, FAAP Wendy Roberts, MD, FAAP Jamie Thompson, MD, FAAP Matthew Waier, MD, FAAP Eric Wheatley, MD, FAAP Emma Adams, CNP, IBCLC Mary Dobbs, CNP

Pediatric Specialties in Oakland

Trinity Health - Oakland Campus Oakland Medical Office Building 44555 Woodward Ave. Suite 105 Pontiac, MI 48341

P: 248-287-7500 F: 248-287-7501

A collaboration with our teams:





Cardiology

Pediatric Cardiology is different from the way cardiologists treat adult patients. The structure of children's hearts is different and smaller than adults' heart structure. Pediatric cardiologists have special training and experience treating conditions that affect the structure or rhythm of children's hearts. Pediatric cardiologists work closely with your child's pediatrician. They don't do surgery.



Clinton Cochran, MD



Turner, MD

Orthopaedics

Our team provides full-service care to newborns through young adults. Children with a bone, muscle or joint issue deserve comprehensive treatment from experts who specialize in caring exclusively for children and their unique needs. We believe that a team-based approach to musculoskeletal health, where bone and joint specialists with different backgrounds work together, provides the optimal care for each individual patient.







Christianne Marshall, PA-C

Urology

Pediatric urologists offer evaluation, diagnosis and treatment for infants, children and adolescents with abnormalities involving the kidneys, ureters, bladder, urethra and the reproductive organs of children. From routine, simple procedures to rare and complex conditions, we offer innovative, evidence-based treatment and a unique level of support and resources for children and families.



John Park, MD



Julian Wan, MD

Trinity Health IHA Medical Group

OBSTETRICS & GYNECOLOGY

Academic Obstetrics & Gynecology -Ann Arbor Campus

Reichert Medical Center 5333 McAuley Dr., Suite 2110 Ypsilanti, MI 48197

P: 734-802-5030 **F**: 734-887-8946

Pamela Davies, MD Grace Mishkin, CFNP, CNM

Academic Obstetrics & Gynecology - Pontiac

Woodward Professional Building 44428 Woodward Ave., Suite 104 Pontiac, MI 48341

P: 248-858-6272 **F**: 248-883-0059

Anan Abdelrahman, MD Anissa Mattison, DO

Arbor Park

4936 W. Clark Rd., Suite 100 Ypsilanti, MI 48197

P: 734-434-6200 **F**: 734-434-7373

Elizabeth Cappelletti, MD
Rajiv Deenadayalu, MD
Tamika Martin, MD
Lisa Morris, MD *
Gayle Moyer, MD
Kelly O'Connor, MD
Sharon O'Leary, MD
Caitlin Parker, MD
Christine Poisson, MD
Karen Walker, MD, MPH *
Emily Amoe, CNP
Colleen Bates, CNP

Gynecology only

Bloomfield

43097 Woodward Ave., Suite 202 Bloomfield Twp., MI 48302

P: 248-334-4505 **F**: 248-253-0347

Macy Gibson, DO Abigail Lindberg, DO Whitney Nieland, DO Toufic Wehbe, MD

Chelsea

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Cherry Hill Village

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Clarkston

6770 Dixie Highway, Suite 202 Clarkston, MI 48346

P: 248-625-8555 **F**: 248-625-3637

Peter Shaman, MD

Domino's Farms

4200 Whitehall Dr., Suite 330 Ann Arbor, MI 48105

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Meghan Bugosh, MD Lisa Jeffries, MD Allison Kreske, MD G. Bridget Long, MD Stephanie Menon, MD Jennifer O'Neill, DO Alia Shah, MD Lauren Westerfield, MD Katie Zdrada, MD Maureen Westfall, CNP

Genoa

2305 Genoa Business Park Dr. Suite 220 Brighton, MI 48114 P: 810-494-6860

F: 810-229-7012

Leigh Christie, DO Julia DePorre, MD Andrew Doherty, MD Quoc V. Le, MD Rima Makhiawala, MD Paul Thielking, MD Paula Blankenship, CNP Elizabeth MacDonald, CNP

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 210 Livonia, MI 48152

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Susanne Archer, MD
Michael M. Gatt, MD, FACOG *
Timothy Johnson, MD, FACOG
Anna Kalbfell, MD, FACOG
Paul Makela, MD, FACOG *
Catherine Winslow, MD, FACOG
Lijia Zhu, MD, FACOG, FRCSC

Gynecology only

Milan

870 E. Arkona Rd. Suite 100 Milan, MI 48160 P: 734-434-0477 F: 734-434-6240

Katie Zdrada, MD

Plymouth

990 W. Ann Arbor Trail Suite 302 Plymouth, MI 48170 P: 734-434-0477 F: 734-434-6240

Susanne Archer, MD Melissa A. Goedtel, MD Norman Gove, MD Stephanie Menon, MD Catherine Riffle, PA-C Alia Shah, MD Lauren Westerfield, MD

Rochester Hills

1854 W. Auburn Road Suite 100B Rochester Hills, MI 48309

P: 248-218-9260 F: 248-218-9261

David Eisenstein, MD, FACOG Evan Theoharis, MD, FACOG

West Arbor

4350 Jackson Rd. Suite 300 Ann Arbor, MI 48103

P: 734-995-2259 **F**: 734-995-2418

Ashley Dowgiert, MD Laura Downing, MD G. Bridget Long, MD Catríona Macardle, MD Erika Mowers, MD Sara Muszynski, MD Kim Palfey, MD Joanne Vicari, MD Adam Ziff, DO * Megan Zeiher, CNP

◆ Gynecology only

Westland

32932 Warren Rd. Suite 100 Westland, MI 48185

P: 734-743-4500 **F**: 734-743-4362

Chiquita Berg, MD, FACOG Michael M. Gatt, MD, FACOG * Monica Hill, MD, FACOG Timothy Johnson, MD, FACOG

Gynecology only

Maternal-Fetal Medicine

Arbor Park

4918 W. Clark Road, Suite 104 Ypsilanti, MI 48197

West Arbor

4350 Jackson Rd., Suite 310 Ann Arbor, MI 48103

P: 734-528-9125 F: 734-528-9263

Pooja Green, MD, FICS Kristie Keeton, MD, MPH Jennifer A. Williams, MD, MHSA Deborah Squire, CNP

Oakland Campus

44555 Woodward Ave., Suite 404 Pontiac, MI 48341

P: 248-858-6762 F: 248-858-3761

Adib Abdelrahman, DO Tatiana Harr, MPAS, PA-C Amanda Hirsch, CNP Molly Muir, CNM, CNP

OB Ultrasound

We have four locations for OB (obstetric) ultrasound. OB ultrasound is located within Maternal-Fetal Medicine Arbor Park, Oakland Hospital and West Arbor. OB Ultrasound has an additional location in Obstetrics & Gynecology - Brighton. A specially trained person known as a registered diagnostic medical sonographer (RDMS) will perform the examination which will be reviewed by a physician trained in fetal imaging.



Nurse Midwives

Bloomfield

43097 Woodward Ave., Suite 204 Bloomfield Twp., MI 48302

P: 248-334-3213 F: 248-335-7834

Jessica Braman, CNM Sarah Friedman, CNM Alexandrea Garbus, CNM

Chelsea

14288 E. Old US 12, Suite 400 Chelsea, MI 48118

P: 734-572-9600 **F**: 734-572-0616

Jenni Schulz, CNM Sarah Sutton, CNM

Domino's Farms

4200 Whitehall Dr., Suite 350 Ann Arbor, MI 48105

P: 734-572-9600 **F**: 734-572-0616

Samia Abdelnabi, PhD, CNM Abeer Almohammad, CNM Jennifer Baughman, CNM Katie Bolling, CNM **Emily Bousamra, CNM** Barbara Burkardt, CNM Jacqueline Clark, CNM Missy Furlette-Koski, CNM Kenyatta Herndon, CNM Jessica Hoskins, CNM Ciara Hunt, CNM Jennifer Kelley, CNM Jenni Schulz, CNM Nicole Sekulich, CNM Jenny Stimac, CNM Sarah Sutton, CNM Amanda Varva, CNM

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 220 Livonia, MI 48152

P: 734-884-5335 **F**: 734-884-5336

Katie Kern, CNM Nicole Sekulich, CNM Stephanie Yaldoo, CNM

What is Midwifery?

Women are unique in many ways, very much like our Nurse Midwives. We not only offer comprehensive prenatal and childbirth services, but also provide the entire spectrum of wellwoman gynecological care. With a focus on wellness education, our midwives are committed to enhancing a woman's self-reliance and trust in her normal life process. Our practice evidence-based medicine offering comprehensive women's health care, from preconception counseling, obstetrical and gynecologic services, normal labor management and vaginal deliveries.

SCAN HERE to meet the midwives!

Trinity Health Perinatal Wellness Center

The Trinity Health Perinatal Wellness Center is a comprehensive practice caring for women during and after their pregnancies. The Perinatal Wellness Center offers postpartum follow-up visits, perinatal mental health services, our breastfeeding medicine care and more.

Reichert Medical Center

5333 McAuley Dr., Ste. 2106, Ypsilanti, MI 48197

P: 734-213-3680 F: 734-213-3681

Angela Welton, LPC, IBCLC

Breastfeeding Medicine

Our International Board Certified Lactation Consultants (IBCLC) are board-certified providers or registered nurses who can provide you with expert care before, during and after your baby is born to ensure that you have the support and education you need to feel comfortable and confident in your decision to breastfeed. All lactation consultants provide breastfeeding support consistent with the recommendations of both the American Academy of Pediatrics, the International Board of Lactation Consultant Examiners and the Academy of Lactation Policy and Practice.

Reichert Medical Center

5333 McAuley Dr., Ste. 2106, Ypsilanti, MI 48197

P: 734-213-3680 F: 734-213-3681

Lisa A. Hammer, MD, IBCLC Kathryn Lankton, DO, IBCLC Nancy Dmitruchina, RN, IBCLC Beth Hoskins, LPN, IBCLC Emily Piniatoglou, CNP, IBCLC

Lactation consultants are available for one-on-one breastfeeding assistance. They can handle many types of breastfeeding issues including, but not limited to:

- Basic breastfeeding education
- Support and encouragement
- Help continuing with breastfeeding after returning to work or school
- Latch-on problems

- Sore nipples or engorgement
- Slow weight gain of infant
- Insufficient breast milk
- Medical conditions such as prematurity, Down syndrome, cleft lip and/or palate
- Breastfeeding multiples



Trinity Health IHA Medical Group

SURGERY

Academic Surgery -Ann Arbor Campus

Riechert Medical Center 5333 McAuley Dr., Suite 2115 Ypsilanti, MI 48197

P: 734-712-3971 F: 734-887-8941

David G. Heidt, MD, FACS

Bariatric Surgery

Livonia

Mendelson Professional Building 36622 Five Mile Rd., Suite 202 Livonia, MI 48154

P: 734-655-2692 F: 734-655-4218

Livingston Campus

Trinity Health Livingston Hospital 620 Byron Rd., Suite 1200 Howell, MI 48843

P: 517-545-6011 F: 810-844-7411

Oakland Campus

Trinity Health Oakland Hospital 44555 Woodward Ave., Suite 505 Pontiac, MI 48341

P: 248-858-3505 F: 248-858-6505

West Arbor

Trinity Health Medical Center - West Arbor 4350 Jackson Rd., Suite 350 Ann Arbor, MI 48103

P: 517-545-6011 F: 517-545-5122

Eric Davies, MD, FACS, FASMBS Macy Au Fliegner, MD Mark Jonker, MD, FACS, FASMBS Jacob Roberts, DO, FACOS, FASMBS Tallal Zeni, MD, FACS Meredith Chapel, CNP Natalie Crook, CNP Stephanie Borst, PA-C

Brain & Spine Surgery

Ann Arbor Campus

Michigan Orthopedic Center 5315 Elliott Dr., Suite 102 Ypsilanti, MI 48197

Brighton

Trinity Health Medical Center - Brighton 7575 Grand River Rd., Suite 205 Brighton, MI 48114

Chelsea Campus

Chelsea Professional Office Building 14650 E. Old US Highway 12 Suite 306 Chelsea, MI 48118

Schoolcraft Campus

Trinity Health Medical Center -Schoolcraft Campus 19000 St. Joe's Parkway, Suite 420 Livonia, MI 48152

P: 734-712-4500 F: 734-712-4475

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Breast Surgery

Ann Arbor Campus

Ellen Thompson Women's Center 5320 Elliott Dr., Suite 203 Ypsilanti, MI 48197

Chelsea Campus

Chelsea Professional Office Building 14650 E. Old US Highway 12 Suite 303 Chelsea, MI 48118

Genoa

Genoa Medical Center 2305 Genoa Business Park Dr. Suite 210 Brighton, MI 48114

Livonia Campus

Trinity Health Livonia Hospital 14555 Levan Rd., Suite 113 Livonia, MI 48154

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Tara M. Breslin, MD, FACS Beth C. Kimball, MD, FACS Jennifer Kulick, MD, FACS Amanda R. Kupstas, MD Kelly Sakalian, CNP

6770 Dixie Highway, Suite 202 Clarkston, MI 48346

Oakland Campus

Oakland Medical Office Building 44555 Woodward Ave., Suite 501 Pontiac, MI 48341

P: 248-338-7171 F: 248-858-3889

Amy M. Kirby, MD, FACS Kelly Sakalian, CNP

Cardiothoracic Surgery

Ann Arbor Campus

Michigan Heart & Vascular Institute 5325 Elliott Dr., Suite 102 Ypsilanti, MI 48197

P: 734-712-5500 F: 734-887-8944

Cardiac Surgery

Ajay Gupta, MD Robert Lyons, MD, FACS Andrew Pruitt, MD, FACS Manak Sood, MD, FACS

Thoracic Surgery

Kumari N. Adams, MD, FACS Melanie A. Edwards, MD, FACS

Livonia Campus

Marian Professional Building 14555 Levan Rd., Suite 113 Livonia, MI 48154

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Thoracic Surgery

Karsten Fliegner, MD Marc Silver, MD

Oakland Campus

Oakland Medical Office Building 44555 Woodward Ave., Suite 506 Pontiac, MI 48341

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Cardiac & Thoracic Surgery

Karsten Fliegner, MD Charles Schwartz, MD Marc Silver, MD

Colon & Rectal Surgery

Ann Arbor Campus

Trinity Health Ann Arbor Hospital 5325 Elliott Dr., Suite 104 Ypsilanti, MI 48197

P: 734-712-8150 F: 734-887-8939

West Arbor

4350 Jackson Rd., Suite 350 Ann Arbor, MI 48103

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Melissa I. Chang, MD, FASCRS, FACS Robert K. Cleary, MD, FASCRS, FACS John C. Eggenberger, MD, FASCRS, FACS Amanda M. McClure, MD, FASCRS, FACS Beth-Ann Shanker, MD, FASCRS, FACS Katie Mysliwiec, PA-C Ashley D. Plemens, CNP

Clarkston

6770 Dixie Highway, Suite 202 Clarkston, MI 48346

Oakland Campus

Oakland Medical Office Building 44555 Woodward Ave. Suite 501

Pontiac, MI 48341 P: 248-338-7171

F: 248-858-3889 Monica James, MD

General Surgery

Ann Arbor Campus

Trinity Health Ann Arbor Hospital 5325 Elliott Dr., Suite 104 Ypsilanti, MI 48197

P: 734-712-8150 F: 734-887-8939

Chelsea Campus

Chelsea Professional Office Building 14650 E. Old US Highway 12 Suite 303 Chelsea, MI 48118

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Genoa Medical Center 2305 Genoa Business Park Dr. Suite 120 Brighton, MI 48114

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Anthony Bozaan, MD, FACS Justin Chamberlain, MD J. Fintan Cooper, MD, FACS Eric Davies, MD, FACS, FASMBS Christina L. Harsant, MD, FACS David G. Heidt, MD, FACS Mark Jonker, MD, FACS, FASMBS Beth C. Kimball, MD, FACS Edward D. Kreske, MD, FACS Jennifer Kulick, MD, FACS Jennifer McLeod, MD Kelsi Holland, PA-C

Clarkston

6770 Dixie Highway Suite 202 Clarkston, MI 48346

P: 248-338-7171 F: 248-858-3889

Robert Robinson, MD

Trauma Surgery

Trauma surgeons perform emergency procedures to save people's lives when they have been critically injured, and undergo rigorous training to be able to treat a wide variety of life-threatening injuries.

Ann Arbor Campus

5333 McAuley Dr. **Suite 2115** Ypsilanti, MI 48197

P: 734-712-3971 F: 734-887-8941

William J. Curtiss, III, MD, FACS Shawn Dowling, DO Roy J. Golden, MD, FACS L. Marco Hoesel, MD, FACS Asha J. Shah, MD, FACS Victoria L. Sharp, DO, FACOS Jeffrey C. Walker, MD, FACS Kristen Diez, NP Kayla Prasch, NP

36622 Five Mile Rd. Suite 202 Livonia, MI 48154

P: 734-884-5024 F: 734-884-5025

Harry L. Anderson, III, MD, FACS Joshua Payne, MD Roger Ramcharan, MD

Livonia

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Chelsea Campus

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Genoa

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Neurosurgery

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Orthopaedics

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Trinity Health Medical Group Orthopaedics in West Michigan

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Plastic & Reconstructive Surgery

Arbor Park

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Genoa

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Schoolcraft Campus

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Podiatry

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Plymouth

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Urology

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Vascular & **Endovascular surgery**

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Trinity Health IHA Medical Group

SPECIALTIES

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Andrew Catanzaro, MD

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Montgomery Gillard, MD, FAAD, FACMS

Recovery Medicine

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Endocrinology

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Rochester Hills

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Schoolcraft Campus

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Stephen Olsen, MD ●
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Trinity Health Livingston Hospital 620 Byron Rd. Howell, MI 48843

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Hematology Oncology

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Trinity Health Cancer Center - Ann Arbor 5303 Elliott Dr., Suite 210 Ypsilanti, MI, 48197

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Infectious Diseases

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Elizabeth Stalder, CNP Mary Zhen, PA-C

In the Hospital

Hospital Medicine

P: 877-336-6307 **F**: 734-887-8978

Our Hospital Medicine team is staffed with experienced internists, family medicine physicians and advance practice providers who are experts in the management and coordination of care of hospitalized patients. The Hospital Medicine team cares for patients hospitalized at Trinity Health Ann Arbor, Livingston, Chelsea and Livonia. Our providers are available 24 hours a day, seven days a week and regularly care for hospitalized adult patients with complex needs. Our team members coordinate the involvement of other Specialist providers and Ancillary Services, communicating with patients, families and works in partnership with your primary care physician to ensure a smooth and effective follow up plan after discharge.

Neonatology

P: 877-336-6307 **F**: 734-887-8979

Neonatology or neonatal medicine is a subspecialty of pediatrics the specializes in care of newborn infants, especially the seriously ill or premature newborn. Our Neonatology team is staffed by Neonatologists and Neonatal Nurse Practitioners that provide hospital based care in a Neonatal Intensive Care Unit (NICUs) or Special Care Nursery. Our providers are in the hospital and available 24 hours a day, seven days a week and provide treatment for breathing difficulties, birth defects, premature birth, feeding difficulties and many other conditions affecting newborn infants. Our Neonatology team provides care for newborn infants at Trinity Health St. Joseph Mercy Ann Arbor and Trinity Health St. Mary Mercy Livonia.

Pediatric Hospital Medicine

P: 877-336-6307 **F**: 734-887-8979

Pediatric Hospitalists are pediatricians who specialize in hospital medicine and newborn care. The pediatric hospitalists care for patients at Trinity Health Ann Arbor and Trinity Health Livonia. Our providers are available 24 hours per day, seven days a week and regularly care for hospitalized children and newborns. The Pediatric Hospitalist team is well equipped to deal with the sometimes challenging behavioral and psychological effects on children who are sick and need to be hospitalized. The team will pay special attention to communication with your child's primary care physician, that way the transition home and any follow up care needed can be easy and effective. Our Pediatric Hospitalists understand the coordination of care for acute disorders and newborn care, and are able to recognize and diagnose unusual disorders, anticipate problems and rapidly respond to crises or changes in a patient's condition.

Collaborative Care Behavioral Health Program

We work with patients who may have anxiety and/or depression – right here in your physician's office! Our team is made up of a behavioral health specialist, your physician and a psychiatrist who talks with your doctor and behavioral health specialist. We all work together to help improve your overall well-being. In this program, the behavioral health specialist works with you to build skills and techniques to better manage your depression and/or anxiety. If you are interested in using medication to help control your symptoms, our team psychiatrist will talk to your behavioral health specialist and your physician to figure out the best treatment options.



Behavioral Health Program

- A behavioral health specialist will work with you for 3-6 months offering brief behavioral interventions
- They will check in often with you over the phone or at your physician's office
- A psychiatrist consults with your behavioral health specialist and your primary care physician to help determine treatment options
- Your behavioral health specialist only works with patients experiencing depression and anxiety

Trinity Health Academic Psychiatry & Counseling

We provide quality outpatient psychiatry for adults, and counseling for patients 12 and older.

Trinity Health Medical Center - Schoolcraft Campus 19000 St. Joe's Parkway Suite 310 Livonia, MI 48152 P: 734-743-4540 F: 734-743-4541

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Aimee Dereczyk, MD
Bruce Gimbel, MD
Jessica O'Mara, DO
Manzar Rajput, MD
Kevin Sethi, MD
Danielle Zazaian, DO, MPH
Lorna Burns, LMSW
Courtney Paladino, LMSW
Megan Powers, LPC
Amanda Warren, LMSW

Pediatric Behavioral Health Care

The IHA Medical Group Pediatric Behavioral Health Care team empowers children and their families to cope with behavioral issues and challenges so they can work toward healthy family growth.



Behaviors addressed include:

- Depression or anxiety
- Behavior concerns disruptive to school or home life
- Sleep issues
- Coping with stressful events such as illness, death in the family, starting or changing schools
- Problems with friends or bullying
- Divorce or remarriage
- Post-traumatic experiences

Working together:

- We work in collaboration with your child's physician to improve your child's or adolescent's overall health
- We help the family to more fully understand the nature of a child or adolescent's behavior and provide the tools to help them successfully navigate whatever challenges they are facing
- We will assess the most effective strategies for helping your child or adolescent and provide an opportunity for parents to clarify their own feelings
- We provide education and strategies to parents to empower families



Women's Behavioral **Health Care**

The Women's Behavioral Health Care team empowers women ages 16 years and older to cope with issues and challenges so they can work toward healthy growth.

Psychotherapy services are available for the following areas:

- Preconception health and wellness
- Mood and anxiety concerns (depression, anxiety, posttraumatic stress disorder, and/or panic attacks)
- Sexual assault
- Domestic abuse
- Unresolved trauma (history of childhood physical, emotional, and sexual abuse, as well as neglect)
- Infertility, pregnancy loss and adoption
- Marriage or relationship concerns
- Parenting concerns
- Self-esteem problems
- Stress reduction and management in work and life
- Grief and loss issues

What is Care Management?

At Trinity Health IHA Medical Group, Care Management works with patients who have moderate to complex illnesses. Located in your primary care practice, the care manager works in collaboration with your primary care physician and medical team to improve your overall health. The care manager works with you to assess and proactively manage your health, helping you to identify areas that you would like to improve or better manage.

Together you will work to build skills and techniques to better manage your health care conditions. Your care manager will help you set obtainable goals that are realistic, help you to identify solutions to overcome barriers and provide ongoing support and encouragement. This is a personalized service based on your needs. The care manager will call and meet with you regularly in your physician's office when it is convenient for you.

Nutrition Services

Our nutrition specialists offer nutrition counseling services at many locations. Their expertise can provide you with the necessary knowledge to achieve all of your individual and family dietary needs.

- One-on-one nutrition counseling
- Easy to follow, customized eating plans to achieve/ maintain a healthy weight
- Prevention/management of chronic disease through dietary and lifestyle changes
- Guidance in managing nutrition science to form healthy habits that will help you look and feel better
- Assistance with all of the misinformation about food and nutrition
- Weight management programs
- A healing approach to treating diagnosed medical conditions and their associated symptoms

Trinity Health

Gastroenterology

Trinity Health St. Mary Mercy - Livonia Campus Marian Professional Building 14555 Levan Rd., Suite 116 Livonia, MI 48154 **P:** 734-853-1510

F: 734-853-1511

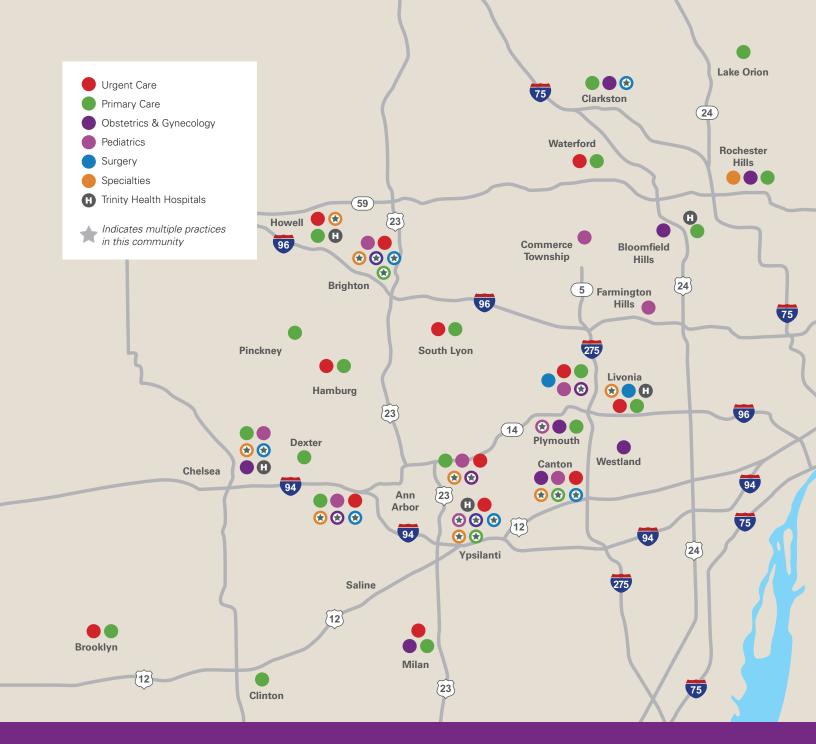
Alan Putrus, MD Cheryl Cascio, CNP Amy Vail, PA-C

Physical Medicine & Rehabilitation

Trinity Health Chelsea Hospital Professional Building 14650 E. Old US Highway 12 Suite 203 Chelsea, MI 48118

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Jane Beimer, MD Leah Lukasik, MD Matthew Sleziak, DO Alexandra Theisen, MD



We keep growing!

We are always hiring. Starting pay is \$15 per hour! Visit IHAcares.com/staffopenings for job postings.

Please visit us online at IHAcares.com for provider and practice location updates.



Trinity Health IHA Medical Group